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## Coronavirus Disease 2019 (COVID-19)

# Clinical Questions about COVID-19: Questions and Answers

Updated July 17, 2020

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What are you looking for?

## COVID-19 Risk

## Are there work restrictions recommended for HCP with underlying health condition COVID-19 patients? What about for pregnant HCP?

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Among adults, the risk for severe illness from COVID-19 increases with age, with older adults at the highest risk. Severe illness means that the person with COVID-19 may require hospitalization, intensive care, mechanical help to breathe, or they may even die. People of any age with [certain underlying medical conditions](#) have an increased risk for severe illness from COVID-19. Based on what we know at this time, pregnant people have an increased risk for severe illness from COVID-19 compared to non-pregnant people. Pregnant people also have an increased risk of adverse pregnancy outcomes, such as preterm birth, among pregnant people with COVID-19.

## What should HCP do outside of work to prevent spread of COVID-19 transmission?

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Please review [CDC's guidance on Public Health Recommendations for Community-Related Settings](#). Health care workers should choose to implement extra measures when arriving home from providing healthcare, such as showering, changing clothes, and wearing a mask. These measures are optional personal practices because there is insufficient evidence on whether they reduce the risk of person-to-person transmission. Person-to-person transmission is currently thought to be the main way the virus spreads, but we are still learning how this virus spreads.

## Who is at risk for infection with the virus that causes COVID-19?

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Currently, those at greatest risk of infection are persons who have had prolonged, unprotective contact with a symptomatic, confirmed COVID-19 patient and those who live in or have recently been exposed to a community with high transmission. For more information, see [Risk Assessment](#).

## Who is at risk for severe disease from COVID-19?

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COVID-19 is a new disease, and CDC is learning more about it and how it affects people. **risk for severe illness from COVID-19 increases with age, with older adults at highest** that the person with COVID-19 may require hospitalization, intensive care, or a ventilator; they may even die. People of any age with [certain underlying medical conditions](#) are at risk for severe illness from COVID-19.

Based on what we know at this time, **pregnant people might be at an increased risk for severe illness from COVID-19** compared to non-pregnant people. Additionally, there may be an increased risk for adverse outcomes, such as preterm birth, among pregnant people with COVID-19.

See also [Interim Clinical Guidance for Management of Patients with Confirmed Coronavirus Disease 2019 \(COVID-19\)](#) and [Information for Healthcare Professionals: COVID-19 and Underlying Conditions](#).

### Patients with Asthma

**If I have patients with asthma, do I need to make any changes to their daily asthma management regimens to reduce their risk of getting sick with COVID-19?**

People with moderate to severe asthma [might be at higher risk](#) of getting very sick from COVID-19.

Based on what we currently know about COVID-19, the selection of therapeutic options for the recommended treatment of asthma has not been affected. [Corticosteroids](#) are available. Continuation of these medications is particularly important for patients already using these medications because there is no increased risk of COVID-19 morbidity with use of inhaled corticosteroids and an abundance of data show no exacerbation with maintenance of asthma controller therapy.

Patients with asthma but without symptoms or a diagnosis of COVID-19 should continue their current treatments.

### Patients with Hypertension

**Are patients with hypertension at higher risk for severe illness from COVID-19?**

Hypertension is common in the United States. Hypertension is more frequent with advanced age, among non-Hispanic blacks, and people with other underlying medical conditions such as obesity and heart disease. Based on what we know at this time, people with pulmonary hypertension are at higher risk for severe illness. People with hypertension (high blood pressure) may have an increased risk for severe illness from COVID-19.

## If my patient has an underlying medical condition, what is my patient's risk of acquiring illness from COVID-19, and what should I tell my patient?

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- There is insufficient information on COVID-19 to determine the level of risk for each CDC is analyzing data continuously and provides updates as soon as new information is available.
- You know your patient's overall health and how well their conditions are managed. Use this information to evaluate on a case by case basis. Patients frequently in congregate settings are at increased risk. Patients with [underlying medical conditions](#) may be at increased risk of severe disease.
- If possible, work with patients to manage their underlying condition to the best of their ability so that patients have sufficient medication and supplies. Prescribing three-month supplies can help ensure access to sufficient medications.
- Explain to all patients which symptoms of their chronic conditions require emergency care. Stress the importance of obtaining emergency care if needed.
- Reassure your patients who require emergency care that emergency departments have measures in place to protect them from acquiring COVID-19.
- Tell patients with [underlying medical conditions](#) that increase their risk of severe illness from COVID-19:
  - To stay home as much as possible to reduce their risk of being exposed.
  - Closely follow their care plans for management of their chronic disease, including achieving better glycemic or blood pressure control.
  - Seek emergency care for acute exacerbations of their underlying medical conditions that requires immediate attention.
- Encourage all patients, regardless of risk, to:
  - Take [steps](#) to protect yourself.
  - Call your healthcare provider if you are sick with a fever, cough, or shortness of breath.
- Follow CDC [travel guidelines](#) and the recommendations of your state and local health departments. If isolation, and for healthcare providers that are treating patients at higher risk. [Do well your mental health and encourage your patients to do the same.](#)

### [Additional resources for healthcare providers](#)

## Are pregnant healthcare personnel at increased risk for adverse outcomes if they care for patients with COVID-19?

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Pregnant healthcare personnel (HCP) should follow [risk assessment](#) and [infection control](#) practices when caring for patients with suspected or confirmed COVID-19. Adherence to recommended infection control practices is an important part of protecting all HCP in healthcare settings. Based on what is known, pregnant people might be at an increased risk for severe illness from COVID-19 compared to non-pregnant people. Additionally, there may be an increased risk of adverse pregnancy outcomes, such as preterm birth, for pregnant people with COVID-19. Facilities may want to consider limiting exposure of pregnant HCP to patients with suspected COVID-19, especially during higher risk procedures (e.g., aerosol-generating procedures) based on staffing availability.

## What is multisystem inflammatory syndrome in children (MIS-C) and who is at risk?

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CDC is investigating reports of multisystem inflammatory syndrome in children (MIS-C). Patients with MIS-C have presented with a persistent fever and a variety of signs and symptoms (e.g., cardiac, gastrointestinal, renal, hematologic, dermatologic, neurologic) involving multiple organ systems. CDC is collaborating with domestic and international partners to better understand including how common it is and its risk factors, and to begin tracking cases. For more information on case definition, visit [MIS-C Information for Healthcare Providers](#).

# Infection Control

## Do CDC's interim infection prevention and control recommendations for COVID-19 apply to hospitals or other behavioral health facilities?

Yes. To keep patients and healthcare personnel (HCP) healthy and safe, CDC's infection guidance applies to all settings where healthcare is delivered. However, as with any guidance, certain recommendations may apply to their setting. For example, inpatient psychiatric care includes individual and group activities that may need to continue. If so, these activities might need to be a [distancing](#) recommendation. Other recommended infection control measures (for example, alcohol-based hand sanitizer, cohorting patients with COVID-19 and assigning dedicated staff, and universal source control measures) might not be safe or appropriate to implement in all settings due to security and behavioral concerns.

Challenges and potential solutions specific to behavioral health settings might include:

- Cohorting
  - **Challenge:** To prevent transmission, it is generally recommended that patients with COVID-19 be moved to a separate area of the facility where they can be cared for by dedicated HCP. For patients with complex or specialized care needs, it might not be possible to cohort certain patients together. Staff assigned to their care.
  - **Potential Solutions:** When cohorting is not possible, implement measures to maintain at least 6 feet) between patients with COVID-19 and others on the unit. Ideally, this includes a dedicated bathroom for COVID-19 patients. Ensure HCP wear [all recommended personal protective equipment](#) when caring for patients with suspected or confirmed COVID-19.
- Group Therapy Sessions
  - **Challenge:** Group counseling, therapy, and discussion sessions are a critical component of psychiatric treatment and care plans, but the traditional set-up for these activities does not align with social distancing recommendations.
  - **Potential Solutions:** When possible, use virtual methods, or decrease group size to maintain social distancing. In the event that COVID-19 is transmitted in the facility, sessions should be suspended until a discussion forum until additional infection prevention measures are in place to prevent further spread.
- Cloth Face Coverings
  - **Challenge:** For some patients, the use of cloth face coverings or facemasks might be distressing or may cause distress. Some patients may be unable or unwilling to use them as they are designed. Straps can be used for strangling oneself or others, and metal nasal bridges can be used as a weapon.
  - **Potential Solutions:** Consider allowing patients at low risk for misuse to wear cloth face coverings.

## If a long-term care facility has a resident or staff member with suspected or confirmed COVID-19, to whom should this be communicated?

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Facilities should follow the reporting requirements of their state or jurisdiction. Those receiving Medicare and Medicaid Services (CMS) (e.g., nursing homes) should also follow all [CMS](#) updates. CMS rules are being updated to include new requirements for reporting to CDC and to residents and staff.

In addition, [CDC recommends](#) that [health departments](#) be promptly notified about:

- Residents or healthcare personnel (HCP) with suspected or confirmed COVID-19,
- Residents with severe respiratory infection resulting in hospitalization or death, and
- $\geq 3$  residents or HCP with new-onset respiratory symptoms within 72 hours of each other.

These could signal an outbreak of COVID-19 or other respiratory disease in the facility. [Health departments](#) provide important guidance to assist with case finding and halting transmission.

The facility should also have a plan and mechanism to regularly communicate with residents and HCP, including if cases of COVID-19 are identified in the facility. Often, information is communicated through town hall meetings and staff meetings, along with letters or emails. During the COVID-19 pandemic, in-person gatherings should not occur. Instead, communication should be held through meetings over phone or web platforms. These should be supplemented with written contact information for a staff member who can respond to questions or concerns. Consider providing information describing the current situation, plans for limiting spread within the facility, and steps they can take to protect themselves and others. Facilities should make this information available and offer periodic updates as the situation develops and more information becomes available.

## Is a negative test for SARS-CoV-2, the virus that causes COVID-19, required before a patient can be discharged to a nursing home?

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No. For patients hospitalized with SARS-CoV-2 infection, decisions about discharge from the hospital are based on their clinical status and the ability of an accepting facility to meet their care needs and adhere to infection prevention and control practices. Decisions about hospital discharge are distinct from the [discontinuation of Transmission-Based Precautions](#).

For patients with suspected or confirmed SARS-CoV-2 infection, decisions about discontinuing Transmission-Based Precautions should be based on the strategies outlined [here](#). The test-based strategy is limited to certain circumstances.

If a patient with suspected or confirmed SARS-CoV-2 infection has not met criteria for discontinuing Transmission-Based Precautions, they should be transferred to a facility with the ability to adhere to [infection control recommendations](#) for the care of residents with SARS-CoV-2 infection, including the facility designated to care for residents with SARS-CoV-2 infection and provision of personal protective equipment to healthcare personnel.

If the patient has met the criteria for discontinuing Transmission-Based Precautions, then the facility should lift these restrictions.

A patient hospitalized for non-COVID-related illnesses who is not known to have SARS-CoV-2 infection should be transferred to a nursing home without testing. To ensure a patient was not exposed to SARS-CoV-2 infection, nursing homes should place the patient in [Transmission-based Precautions](#) observation area or in a single-person room for 14 days after admission.

As part of [universal source control measures](#), all residents (including those described in [Transmission-based Precautions](#)) should wear a cloth face covering or facemask (if tolerated) whenever they leave their room.

## During the COVID-19 pandemic, are there special considerations for surgical and other settings, including performance of aerosol-generating procedures (AGPs)?

As part of routine practices, healthcare personnel (HCP) should be applying [Standard Precautions](#) and deliberately assess potential risks of exposure to infectious material before engaging in healthcare delivery. Based on their risk assessment, safe work practices, including engineering controls to prevent the release of infectious material, administrative controls, and use of personal protective equipment (PPE) implemented at the point of care according to CDC guidelines and standards of practice.

To reduce SARS-CoV-2 exposure during the COVID-19 pandemic, CDC recommends that

- consider nonoperative approaches when feasible;
- minimize the use of procedures or techniques that might produce infectious aerosols;
- minimize the number of people in the operating or procedure room to reduce exposure;
- use the [extent of community transmission and an assessment of the likelihood for person-to-person transmission](#) to make decisions about cancelling or postponing elective surgeries and procedures;
- implement universal source control measures, which includes having patients wear a mask (if tolerated) and having HCP wear a facemask at all times while they are in the healthcare setting.

If surgery or procedures cannot be postponed, HCP caring for patients with suspected or confirmed COVID-19 should adhere to all [recommended infection prevention and control practices for COVID-19](#). This includes

- Using all recommended PPE: an N95 or equivalent or higher-level respirator (or face shield if available), eye protection, gloves, and a gown.
  - Respirators with exhalation valves should not be used during surgical procedures because exhaled breath would compromise the sterile field.
  - If shortages exist, N95 or equivalent or higher-level respirators should be prioritized for higher risk techniques (e.g., that generate potentially infectious aerosols) or the areas where viral loads might be higher (e.g., nose and throat, oropharynx, respiratory tract).
- As part of routine practice, HCP should also be using additional engineering controls where applicable (e.g., smoke evacuation devices).

Because SARS-CoV-2 can be transmitted by individuals who are infected but do not have symptoms, all individuals will not be identified by screening for clinical signs and symptoms. HCP providing care to patients not suspected of having SARS-CoV-2 infection should use a tiered approach based on the [extent of community transmission](#) to inform the need for [universal eye protection and respirator](#)

## Why does CDC continue to recommend respiratory protection equivalent or higher than an N95 disposable filtering facepiece respirator for care of patients with known or suspected COVID-19?

CDC's guidance to use NIOSH-approved N95 disposable filtering facepiece or higher level respiratory protection for care of patients with suspected or known COVID-19 is based on the current understanding of transmission of related respiratory viruses.

Current data suggest that close-range aerosol transmission by droplet and inhalation, and direct delivery to the eyes, nose, or mouth are likely routes of transmission. Long-range aerosol transmission, as seen with measles, has not been a feature of SARS-CoV-2.

Potential routes of close-range transmission include splashes and sprays of infectious respiratory secretions, contact with mucous membranes and inhalation of infectious virions exhaled by an infected person. The relative contribution of these routes is not known for SARS-CoV-2.

Facemasks commonly used during surgical procedures will provide barrier protection against contact with mucous membranes of the nose and mouth, but they are not designed to protect against small particles. N95 and higher level respirators, such as other disposable filtering facepiece respirators (PAPRs), and elastomeric respirators, provide both barrier and respiratory protection due to their tight fit and filtration characteristics.

Respirators should be used as part of a respiratory protection program that provides staff with proper training, and fit testing.

Although facemasks are routinely used for the care of patients with common viral respiratory infections, higher level respirators are routinely recommended for emerging pathogens like SARS-CoV-2 due to their potential for transmission via small particles, the ability to cause severe infections, and the lack of available vaccines.

CDC recommendations acknowledge the current challenges with limited supplies of N95 respirators. Facilities that do not have sufficient supplies of N95s and other respirators for all patient care activities and procedures that pose high risks of generating infectious aerosols should use alternative respiratory protection that does not involve those activities or procedures. Detailed [strategies for optimizing the use of respirators](#) are available on the CDC website. Once availability of supplies is reestablished, the use of N95 and higher level respirators should resume.

What personal protective equipment (PPE) should be worn by individuals transporting suspected or confirmed SARS-CoV-2 infection within a healthcare facility? For example, what PPE should be worn when transporting the patient to radiology for imaging that cannot be performed in the patient's room?

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In general, transport and movement of a patient with suspected or confirmed SARS-CoV-2 infection within a healthcare facility should be limited to medically essential purposes. If being transported outside of the patient's room, healthcare personnel (HCP) in the receiving area should be notified in advance. For transport, the patient should wear a facemask or cloth face covering (if tolerated) to minimize respiratory droplet exposure and be covered with a clean sheet.

If transport personnel must prepare the patient for transport (e.g., transfer them to the transport gurney), transport personnel should wear [all recommended PPE](#) (gloves, a gown, respiratory protection, and eye protection) as a fit tested NIOSH-certified disposable N95 filtering facepiece respirator or equivalent, or if not available—and eye protection [i.e., goggles or disposable face shield that covers the entire face]. This recommendation is needed because these interactions typically involve close, often face-to-face contact with the patient in an enclosed space (e.g., patient room). Once the patient has been transferred to the transport gurney (and prior to exiting the room), transporters should remove their gown and gloves and perform hand hygiene.

The transporter should continue to wear a respirator or facemask. The continued use of a respirator or facemask by the transporter is also recommended if there is potential that the patient might not be able to wear a facemask or cloth face covering for the duration of transport. Additional PPE should not be required unless there is an anticipated need to provide medical assistance during transport (e.g., helping the patient with a facemask).

After arrival at their destination, receiving personnel (e.g., in radiology) and the transporter should perform hand hygiene and wear [all recommended PPE](#). If still wearing their original PPE, the transporter should take care to avoid self-contamination when removing their PPE. This cautious approach will be refined and updated as more information about the disease response needs change in the United States.

Interim guidance for EMS personnel transporting patients with confirmed or suspected SARS-CoV-2 infection is [available here](#). EMS personnel should wear all recommended PPE because they are performing medical care and in close contact with the patient for longer periods of time.

## What personal protective equipment (PPE) should be worn by environmental services personnel who clean and disinfect rooms of hospitalized patients with SARS-CoV-2 infection?

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In general, only essential personnel should enter the room of patients with SARS-CoV-2 infection. Environmental services personnel should consider assigning daily cleaning and disinfection of high-touch surfaces to nurses or other personnel already in the room providing care to the patient. If this responsibility is assigned to environmental services personnel, they should wear all [recommended PPE](#) when in the room. PPE should be removed upon leaving the room, followed by performance of hand hygiene.

After discharge, terminal cleaning can be performed by EVS personnel. They should delay entry until [time has elapsed](#) for enough air changes to remove potentially infectious particles. After the time has elapsed, environmental services personnel can enter the room and should wear a [facemask](#) (for source control) along with performing terminal cleaning. Eye protection should be added if splashes or sprays during cleaning activities are anticipated or otherwise required based on the selected cleaning products. The following PPE is recommended at this time for personnel caring for patients with SARS-CoV-2 infection.

## Which procedures are considered aerosol generating procedures in healthcare settings?

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Some procedures performed on patients are more likely to generate higher concentrations of aerosols than coughing, sneezing, talking, or breathing. These aerosol-generating procedures (AGPs) put healthcare personnel and others at an increased risk for pathogen exposure and infection.

Development of a comprehensive list of AGPs for healthcare settings has not been possible due to limited available data on which procedures may generate potentially infectious aerosols and the reported transmissions during AGPs are due to aerosols or other exposures.

There is neither expert consensus, nor sufficient supporting data, to create a definitive list of AGPs for healthcare settings.

Commonly performed medical procedures that are often considered AGPs, or that create aerosols, include:

- open suctioning of airways
- sputum induction
- cardiopulmonary resuscitation
- endotracheal intubation and extubation
- non-invasive ventilation (e.g., BiPAP, CPAP)
- bronchoscopy
- manual ventilation

Based on limited available data, it is uncertain whether aerosols generated from some procedures, such as:

- nebulizer administration\*
- high flow O<sub>2</sub> delivery

\*Aerosols generated by nebulizers are derived from medication in the nebulizer. It is unclear if there are associations between performing this common procedure and increased risk of infection generated by the procedure or due to increased contact between those administering to infected patients.

## How long does an examination room need to remain vacant after being occupied by confirmed or suspected COVID-19?

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Although spread of SARS-CoV-2 is believed to be primarily via respiratory droplets, the extent of respirable particles to close proximity transmission is currently uncertain. Airborne transmission from person over long distances is unlikely.

The amount of time that the air inside an examination room remains potentially infectious depends on a number of factors including the size of the room, the number of air changes per hour, whether the patient was in the room, if the patient was coughing or sneezing, and if an aerosol-generating procedure was performed. Facilities will need to consider these factors when deciding when the room can be vacated by someone who is not wearing PPE.

For a patient who was not coughing or sneezing, did not undergo an aerosol-generating procedure, and was in the room for a short period of time (e.g., a few minutes), any risk to HCP and subsequent patients is likely a matter of minutes. However, for a patient who was coughing and remained in the room, or if the patient underwent an aerosol-generating procedure, the risk period is likely longer.

For these higher risk scenarios, it is reasonable to apply a similar time period as that used for the airborne route (e.g., measles, tuberculosis) and to restrict HCP and patients without PPE until sufficient time has elapsed for enough air changes to remove potentially infectious particles.

General guidance on [clearance rates under differing ventilation conditions](#) is available.

In addition to ensuring sufficient time for enough air changes to remove potentially infectious particles, HCP should clean and disinfect environmental surfaces and shared equipment before the room is used again.

My hospital is experiencing a shortage of isolation gowns. To preserve our supply, can we refer to that guidance and implement the recommended strategies to optimize their use? This includes shifting toward the use of washable cloth gowns, if feasible.

CDC has released information about [strategies to optimize the supply of isolation gown](#) refer to that guidance and implement the recommended strategies to optimize their use. This includes shifting toward the use of washable cloth gowns, if feasible.

The use of gowns as part of Contact Precautions in the context of MDROs has been implemented to reduce the risk of transmission to other patients rather than to protect healthcare personnel (HCP). Facilities could consider suspending the use of gowns for the care of patients with endemic MDR ESBL-producing Gram-negative bacilli except as required for [Standard Precautions](#). Facilities should consider local epidemiology to determine which MDROs are considered endemic. Regardless of the use of gowns, HCP should continue to wear gloves for contact with these patients and their environment. Hand hygiene should continue to be emphasized. Facilities should also attempt to place patients colonized or infected in a private room, if available.

- **Caring for patients who have highly resistant Gram-negative organisms (e.g., carbapenem-resistant Enterobacteriaceae) and other MDROs (e.g., *Candida auris*) that are not considered endemic:** If gowns being donned for every room entry, they should be reserved for use as part of Contact Precautions. Also prioritized for high-contact patient care activities that pose highest risk for transmission from patient to HCP. Examples of such high-contact care activities include dressing, bathing, providing hygiene, changing linens, changing briefs or assisting with toileting, device care (e.g., urinary catheter, feeding tube, tracheostomy/ventilator), and wound care. To further reduce the risk of transmission, it is recommended to bundle high-contact care activities as part of individual care encounters. If gowns are used, HCP at facilities should continue to wear gloves for contact with these patients. Hand hygiene should continue to be emphasized. Facilities should also attempt to place patients colonized with an MDRO in a private room, if available.
- **Caring for patients with *Clostridioides difficile* infections (CDI):** Facilities should continue to use Contact Precautions (putting on a gown and gloves upon entry into the patient's room and performing hand hygiene before exiting the room) for the care of symptomatic patients with CDI. As part of a [supplemental strategy for CDI](#), some facilities have implemented Contact Precautions for the care of patients with asymptomatic carriage of *Clostridioides difficile*. There are limited data about the role of gowns in the transmission of CDI. In this setting of a critical national shortage of gowns, facilities should continue to use this approach until the shortage is addressed. Gowns should still be used as part of

A healthcare provider at our facility was recently diagnosed with COVID-19. What time period do we use to determine the patients, visitors, and other healthcare personnel (HCP) who were exposed to this individual while he/she was potentially infectious?

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Anyone who had prolonged close contact (within 6 feet for at least 15 minutes) with the provider might have been exposed.

- If the provider had COVID-19 symptoms, the provider is considered potentially infectious from the time before symptoms first appeared until the provider meets criteria to discontinue [Transmission-Based Precautions](#) or [Home Isolation](#).
- If the provider did not have symptoms, collecting information about when the provider became symptomatic could help inform the period when they were infectious.
  - If an exposure is identified. The provider should be considered potentially infectious from the time of the exposure until criteria to discontinue [Transmission-Based Precautions](#) or [Home Isolation](#) are met.
  - If the date of exposure cannot be determined. For the purposes of contact tracing, the period of potential exposure is a cutoff of 2 days before the specimen testing positive for COVID-19 was collected until the criteria to discontinue [Transmission-Based Precautions](#) or [Home Isolation](#) are met. Although the infectious period is generally accepted to be [10 days after onset of symptoms](#), during the entire 10 days before obtaining the specimen that tested positive for COVID-19. In most situations an exposed provider cannot recall all contacts over the preceding 10 days. Recent data suggest that asymptomatic persons may have a lower viral burden than symptomatic persons, the additional resources required may divert case investigation resources away from activities most likely to interrupt ongoing transmission.

Contact tracing is generally recommended for anyone who had prolonged close contact with a person with COVID-19 during these time periods. While this question addresses exposure to a potentially infectious individual, the following actions are also recommended if the potentially infectious individual is a patient:

Recommended actions for HCP, patients, and visitors:

- Perform a risk assessment and apply work restrictions for other HCP who were exposed to the provider based on whether these HCP had prolonged, close contact and what PPE they were wearing. More information is available in the [Interim U.S. Guidance for Risk Assessment and Work Restrictions for Healthcare Personnel with Potential Exposure to COVID-19](#).
- Place exposed patients who are currently admitted to the healthcare facility in appropriate [Precautions](#) and monitor them for onset of COVID-19 until 14 days after their last exposure.

A healthcare provider in our facility worked while infected with SARS-CoV-2. However, the provider wore a facemask at all times while interacting with patients. Are the patients at risk for SARS-CoV-2? Should they be notified?

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Anyone who had prolonged close contact (within 6 feet for at least 15 minutes) should be considered at risk for exposure. The use of a [facemask](#) for source control and adherence to other recommended infection prevention and control (IPC) measures (e.g., hand hygiene) by the provider help to reduce the risk of transmission. In areas with moderate to substantial community transmission, patients are already at risk for exposure due to exposures outside their home and should be alert to the development of signs and symptoms of COVID-19.

The following should be considered when determining which patients are at higher risk and should be prioritized for evaluation and testing:

- [Facemask](#) use by the patient – Mirroring the [risk assessment guidance for healthcare workers](#), patients wearing a facemask would likely be at higher risk for infection compared to those not wearing a facemask.
- Type of interaction that occurred between the patient and infected provider – An intimate interaction (e.g., intubation or manipulation or prolonged close contact with the patient’s eyes, nose, or mouth) is at a higher risk of transmission to the patient compared to other interactions (e.g., blood collection).
- PPE used by infected HCP – HCP wearing a [facemask](#) (or respirator) and face shield or goggles might have had better source control than wearing only a facemask. Note that facemasks without exhalation valves might not provide source control.
- Current status of patient – Is the patient currently admitted to a hospital or long-term care facility? Individuals, if infected, can be at higher risk for severe illness and have the potential to transmit the virus to other individuals at risk for severe disease.

## Transmission

## When is someone infectious?

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The onset and duration of viral shedding and the period of infectiousness for COVID-19 certainty. Based on current evidence, scientists believe that persons with mild to moderate replication-competent SARS-CoV-2 for up to **10 days** following symptom onset, while a severe COVID-19, including immunocompromised persons, may shed replication-competent virus for longer. It is possible that SARS-CoV-2 RNA may be detectable in the upper or lower respiratory tract for a longer period of time following symptom onset, similar to infections with MERS-CoV and SARS-CoV. However, detection of viral RNA does not mean that infectious virus is present. Based on existing literature, the incubation period (the time from exposure to the development of symptoms) of SARS-CoV-2 and other coronaviruses (e.g., MERS-CoV, SARS-CoV) is 2 to 14 days.

## Which body fluids can spread infection?

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SARS-CoV-2 RNA has been detected in upper and lower respiratory tract specimens, and virus has been isolated from upper respiratory tract specimens and bronchoalveolar lavage fluid. SARS-CoV-2 RNA has also been detected in blood and stool specimens, and SARS-CoV-2 virus has been isolated in cell culture from upper respiratory tract specimens, including a patient with pneumonia 15 days after symptom onset. The duration of detection in upper and lower respiratory tract specimens and in extrapulmonary specimens may be several weeks or longer. Duration of several weeks or longer has been observed for SARS-CoV infection. While viable, infectious SARS-CoV has been isolated from respiratory tract specimens, viable, infectious MERS-CoV has only been isolated from respiratory tract specimens. Whether other non-respiratory body fluids from an infected person including blood, vomit, or semen can contain viable, infectious SARS-CoV-2 is unknown.

## Can people who recover from COVID-19 be re-infected with SARS-CoV-2?

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The immune response, including duration of immunity, to SARS-CoV-2 infection is not yet fully understood. People who have recovered from COVID-19 and were not re-infected with other betacoronaviruses (MERS-CoV, HCoV-OC43), the genus to which SARS-CoV-2 belongs, are unlikely to be re-infected shortly (e.g., 3 months or more) after they recover. However, more information is needed to determine whether similar immune protection will be observed for patients with COVID-19.

# Testing, Diagnosis, and Notification

## How do you test a patient for infection with SARS-CoV-2?

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- Clinicians are able to access laboratory testing through state and local public health commercial and clinical laboratories across the country. The [Association of Public Health Laboratories](#) provides a list of states and territories with laboratories that are using COVID-19 virus testing. Clinicians should direct testing questions to their [state health department](#). Reference laboratories are also able to offer a larger volume of testing for SARS-CoV-2.
- CDC has [guidance](#) for who should be tested, but decisions about testing are at the discretion of local health departments and/or individual clinicians.
- Healthcare providers should report positive results to their local/state health department. Health departments collect these data directly.
- See recommendations for prioritization of testing, and instructions for specimen collection in [COVID-19](#).

## Do existing commercially available multiple respiratory virus panels detect SARS-CoV-2?

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Yes. There are commercially developed respiratory panels with multi-pathogen molecular testing for several respiratory pathogens, including SARS-CoV-2, influenza, and other human coronaviruses. The U.S. Food and Drug Administration (FDA) maintains a list of tests with [Emergency Use Authorization](#) (EUA).

## If a patient tests positive for another respiratory virus, should that exclude SARS-CoV-2?

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Patients can be infected with more than one virus at the same time. Coinfections with other respiratory viruses in people with COVID-19 have been reported. Therefore, identifying infection with one respiratory virus does not exclude SARS-CoV-2 virus infection.

## Should chest CT be used for diagnosis of COVID-19?

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Clinicians considering use of chest CT scans for diagnosis or management of COVID-19 whether such imaging will change clinical management. The American College of Radiology CT should not be used to screen for COVID-19, or as a first-line test to diagnose COVID-19. CT should be used sparingly and reserved for hospitalized, symptomatic patients with specific clinical indications. Appropriate infection control procedures should be followed before scanning subsequent patients. For more information see, [ACR Recommendations for the use of Chest Radiography and Computed Tomography for Suspected COVID-19 Infection](#) [↗](#).

## Whom should healthcare providers notify if they suspect a patient has COVID-19?

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Healthcare providers should immediately notify infection control personnel at their facility if they suspect a patient has COVID-19. If a patient tests positive, providers should report that positive result to the appropriate department.

## How do you diagnose and report a potential case of multisystem inflammatory syndrome in children (MIS-C)?

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Patients with MIS-C have presented with a persistent fever and a variety of signs and symptoms (e.g., cardiac, gastrointestinal, renal, hematologic, dermatologic, neurologic) involving multiple organ systems. Not all children will have the same symptoms. For children who may have MIS-C, signs of this syndrome may include (but are not limited to) chest radiograph abnormalities. Providers should evaluate for evidence of inflammation.

Healthcare providers who have cared or are caring for patients younger than 21 years of age should report suspected cases to their local, state, or territorial health department. After health departments are available at the [Council of State and Territorial Epidemiologists](#) for reporting questions, please contact CDC's 24-hour Emergency Operations Center at 770-786-7100. For more information, including a full case definition, please visit [MIS-C Information for Healthcare Providers](#).

# Testing in Nursing Homes

Do residents or healthcare personnel (HCP) who previously had SARS-CoV-2 confirm reverse-transcriptase polymerase chain reaction, RT-PCR) and who have recently retested as part of facility-wide testing?

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The answer to this question depends on: 1) how much time has passed since the initial the individual has developed symptoms after an initial period of recovery.

- Residents and HCP who had their initial positive viral test in the [past 3 months](#) and v not need to be retested as part of facility-wide testing. Until more is known, testing s (e.g., in response to an exposure) 3 months after the date of onset of the prior infect
- Residents and HCP who had a positive viral test at any time and become symptomat initial illness should be evaluated and may need to be retested if an alternate illness

This guidance may be updated as we learn more information on how long SARS-CoV-2 r reinfection.

Should residents or HCP who have a positive antibody test for SARS-CoV-2 be testec testing?

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Yes. To determine if residents and HCP have a current infection, they should have a vira transcriptase polymerase chain reaction [RT-PCR]) regardless of their antibody test resu result shows that an individual has antibodies from an infection with the virus that caus infection with a related virus from the same family of viruses (called coronavirus), such common cold. We do not know yet if having antibodies to the virus that causes COVID-1 getting infected again or, if they do, how long this protection might last. Therefore, antil to diagnose COVID-19 and should not be used to inform infection prevention actions.

## How should facilities approach residents who decline testing?

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Residents, or their medical powers of attorney, have the right to decline testing. Clinical may include alternative [specimen collection sources](#) that may be more acceptable to residents or swabs (e.g., anterior nares). Providing information about the method of testing and real-time data can facilitate discussions with residents and their medical powers of attorney.

If a resident has [symptoms consistent with COVID-19](#), but declines testing, they should be placed on [Based Precautions](#) until they meet the symptom-based criteria for discontinuation.

If a resident is asymptomatic and declines testing at the time of facility-wide testing, decisions on Transmission-Based Precautions for COVID-19 or providing usual care should be based on evidence suggesting [SARS-CoV-2 transmission](#) (i.e., confirmed infection in HCP or [nursing resident](#)).

Only residents who have a confirmed positive [viral test](#) should be moved to COVID-19-care rooms.

## How should facilities approach HCP who decline testing?

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If HCP with [symptoms consistent with COVID-19](#) decline testing, they should be presumed excluded from work. Return to work decisions should be based on COVID-19 [return to work](#) guidelines at the discretion of the facility's occupational health program.

If asymptomatic HCP decline testing, work restriction, if any, should be determined by the facility's health and local jurisdiction policies. All staff should be trained in proper use of personal protective equipment, including universal facemask policies, hand hygiene, and other measures needed to stop SARS-CoV-2.

## If HCP work at multiple facilities, do they need to receive a viral test at each facility?

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No, HCP do not need to be tested at each facility. If documentation of the test result is provided, test results from one setting are adequate to meet the testing recommendations at any facility. Facilities should maintain appropriate documentation of test results and have a plan to [evaluate and manage](#) staff. Staff are encouraged to tell facilities if they have had exposures at other facilities with recognized cases.

## How long should facilities continue serial testing of HCP?

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Serial testing of HCP in nursing homes is indicated in two situations: when there is a CO and as part of the reopening process. If there is a [COVID-19 outbreak in the facility](#), all p and HCP should be serially tested until the testing identifies no new cases of COVID-19 , at least 14 days since the most recent positive result.

As part of [the reopening process](#) , the decision to serially test HCP for SARS-CoV-2 sh of local incidence. Depending on the level of community transmission, HCP could contr infection in the community and introducing it to residents of nursing homes.

## How can public health jurisdictions prioritize testing across nursing homes?

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Health departments should have a [plan on how to prioritize facilities](#) when testing capa

Priority facilities may include those with confirmed cases, those in counties with high in to cohort residents who are found to be positive, larger facilities, and facilities with mor healthcare exposures (e.g., recent hospitalization or outpatient dialysis).

If a facility identifies additional cases through facility-wide testing, then that facility shou testing of negative residents.

## Should asymptomatic HCP who are tested as part of facility-wide testing be exclude waiting for test results?

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If HCP remain asymptomatic, they may continue working while awaiting test results, un been implemented by the occupational health program because of an [exposure warrar](#)

# Treatment and Management

## Should post-exposure prophylaxis be used for people who may have been exposed to COVID-19?

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There is currently no FDA-approved post-exposure prophylaxis for people who may have been exposed to COVID-19. For information about registered clinical trials of investigational therapeutics for pre- or post-exposure prophylaxis for SARS-CoV-2 infection, visit [ClinicalTrials.gov](https://clinicaltrials.gov) .

For more information on movement restrictions, monitoring for symptoms, and evaluation of people exposed to COVID-19, see [Interim US Guidance for Risk Assessment and Public Health Management of COVID-19 Exposure in Travel-associated or Community Settings](#) and [Interim US Guidance for Risk Assessment and Public Health Management of Healthcare Personnel in Healthcare Settings to Patients with Coronavirus Disease 2019 \(COVID-19\)](#).

The National Institutes of Health recently published guidelines on prophylaxis use for the clinical management of COVID-19 patients. For more information, please visit: [National Institutes of Health COVID-19 Treatment Guidelines](#) .

## How are COVID-19 patients treated?

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Not all patients with COVID-19 will require medical supportive care. Clinical management of patients with COVID-19 is focused on supportive care for complications, including supplemental oxygen, support for respiratory failure, septic shock, and multi-organ failure. Empiric testing and treatment for bacterial etiologies may be warranted.

The National Institutes of Health has published [interim guidelines for the medical management of patients with COVID-19](#) prepared by the COVID-19 Treatment Guidelines Panel.

For information on investigational therapies, see [Therapeutic Options for Patients with COVID-19](#).

## Do patients with confirmed or suspected COVID-19 need to be admitted to the hosp

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Not all patients with COVID-19 require hospital admission. Patients whose clinical presentation requires hospital admission for clinical management for supportive medical care should be admitted to the hospital under Standard and/or Transmission-Based Precautions.

Some patients with initial mild clinical presentation may [worsen in the second week of illness](#). Patients whose clinical presentation requires hospital admission for clinical management for supportive medical care should be made on a case-by-case basis. Decision-making will depend not only on the clinical presentation, but also on the patient's ability to engage in self-isolation, the feasibility of safe isolation at home, and the risk of transmission in the patient's home environment. For more information, see [Interim Infection Prevention and Control Recommendations for Patients With Suspected or Confirmed Coronavirus Disease 2019 \(COVID-19\) in a Healthcare Setting](#) and [Interim Guidance on the Home Care of People Not Requiring Hospitalization for Coronavirus Disease 2019 \(COVID-19\)](#).

References related to hospitalization and outcomes among patients with COVID-19:

Huang C, Wang Y, Li X, et al. Clinical features of patients infected with 2019 novel coronavirus in Wuhan, China. *Lancet* 2020;395:497-506.

Wang D, Hu B, Hu C, et al. Clinical Characteristics of 138 Hospitalized Patients With 2019 Novel Coronavirus Pneumonia in Wuhan, China. *JAMA* 2020.

Dong Y, Mo X, Hu Y, et al. Epidemiology of COVID-19 Among Children in China. *Pediatric Infectious Diseases Journal* 2020.

Wu Z, McGoogan JM. Characteristics of and Important Lessons From the Coronavirus Disease 2019 (COVID-19) Outbreak in China: Summary of a Report of 72 314 Cases From the Chinese Center for Disease Control and Prevention. *JAMA* 2020.

## When can patients with confirmed COVID-19 be discharged from the hospital?

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Patients can be discharged from the healthcare facility whenever clinically indicated. Merely discontinuation of [Transmission-Based Precautions](#) is not a prerequisite for discharge. Home Isolation should be maintained at home if the patient returns home before the time period for discontinuation of hospital Transmission-Based Precautions.

Decisions to discontinue Transmission-Based Precautions or in-home isolation should be made based on the following guidance:

- For hospitalized persons, see [Discontinuation of Transmission-Based Precautions for SARS-CoV-2 Infection in Healthcare Settings](#).
- For non-hospitalized persons, see [Interim Guidance for Implementing Home Care of Hospitalized Patients with COVID-19](#) and [Discontinuation of Isolation for Persons with COVID-19 in Home Settings](#).

## Patients with Persistent or Recurrent Positive Test Results

What do we know about detection of SARS-CoV-2 RNA after clinical recovery from COVID-19?

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Many recovered persons do not have detectable SARS-CoV-2 RNA in upper respiratory tract samples. However, viral RNA can be persistently detected by reverse transcription polymerase chain reaction (RT-PCR) in some persons after apparent clinical recovery. In some persons, after two consecutive samples, later samples can test positive again. These persistent detections are associated with higher cycle threshold (Ct) values (i.e., fewer RNA copies) than Ct values of samples collected shortly before or during clinical illness. Studies that have examined home Isolation in adults have demonstrated that, in some persons, it can be detected for weeks after clinical recovery.

## Are clinically recovered persons infectious to others if they test persistently or recur CoV-2 RNA?

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Whether the presence of detectable but low concentrations of viral RNA after clinical recovery and the presence of potentially infectious virus is unknown. Based on experience with other viral respiratory infections, persons who test positive for virus pose an important infectious risk to others. However, whether this is true for SARS-CoV-2 has not been definitively established.

After the onset of illness, the detectable viral burden usually declines. After a week or more, immunoglobulin becomes detectable and then antibody levels increase. Some of these antibodies can be detected in virus from infecting cells in cell culture. A decline in viral RNA is associated with a decrease in infectious virus. For most patients with COVID-19, efforts to isolate live virus from upper respiratory specimens are unsuccessful when specimens are collected more than 10 days after illness onset. Recurrent detection of virus and 20 days after symptom onset has been documented in some persons with severe COVID-19, but these persons were in an immunocompromised state.

Persons who have tested persistently or recurrently positive for SARS-CoV-2 RNA have, however, had symptoms of COVID-19 improve. When viral isolation in tissue culture has been attempted in South Korea and the United States, live virus has not been isolated. There is no evidence that persons who have recovered from COVID-19 with persistent or recurrent detection of viral RNA have transmitted the virus to others.

Despite these observations, it's not possible to conclude that all persons with persistent SARS-CoV-2 RNA are no longer infectious. There is no firm evidence that the antibodies developed during SARS-CoV-2 infection are protective. If these antibodies are protective, it's not known what level of antibody is needed to protect against reinfection.

These data and experience with other viral respiratory infections indicate that most persons who test positive for SARS-CoV-2 RNA 10 days after symptom onset are likely no longer infectious. Precautions may be discontinued for persons with COVID-19 10 days after symptom onset (or 14 days after symptoms first began, including non-respiratory symptoms), provided their fever has resolved without the use of fever-reducing medications, and their other symptoms have improved. [Persons with severe or critical illness, or who are severely immunocompromised, isolation and precautions should continue up to 20 days after symptom onset.](#)

## Can cycle threshold (Ct) values be used to assess when a person is no longer infective?

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No. Although attempts to culture virus from upper respiratory specimens have been largely unsuccessful, Ct values are in high but detectable ranges, Ct values are not a quantitative measure of viral load. Ct values are not standardized by RT-PCR platform nor have they been approved by FDA for clinical use. CDC does not endorse or recommend use of Ct values to assess when a person is no longer infectious. Serial Ct values may be useful in the context of the entire body of information available to assess the resolution of infection.

## What further evidence is needed to be reassured that persistent or recurrent shedding after recovery does not represent the presence of infectious virus?

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Prospectively collecting serial respiratory samples and attempting to isolate live virus in persons testing positive by RT-PCR following illness recovery is needed. If repeated attempts to isolate competent virus in culture from such serial samples are unsuccessful, that data would help to reassure that infectious virus is absent. Then we would be sure that persons continuing to test positive are not at risk to others.

## Can viral culture be used to demonstrate that a person who had persistently or recurrently positive RT-PCR RNA is not infectious to others?

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Yes. However, viral culture is not widely performed for SARS-CoV-2. It must be conducted in specialized laboratories using BSL-3 practices by experienced virologists and culture results can take several weeks. While persons whose specimens do not yield live virus are considered no longer infectious, the time required for testing and the time required to complete it mean that culture cannot be used routinely to assess infectiousness of infected persons.

A person who previously tested positive by RT-PCR for SARS-CoV-2 and clinically recovered later tested again, for example, as part of a contact tracing investigation. If that person tests positive by RT-PCR, should they be managed as potentially infectious to others, and isolated?

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For persons who remain asymptomatic following recovery from COVID-19, retesting (e.g., as part of a contact tracing investigation) is not necessary during the first 3 months after the date of symptom onset. If a person tests positive less than 3 months after the person's symptom onset of their most recent illness, it is presumed to represent a new infection or a persistently positive test associated with the previous illness. If a person tests positive more than 3 months after a person's symptom onset, clinicians and public health authorities should consider the possibility of reinfection. Until we have more information, the determination of whether a person who tests positive on a test in these situations is contagious to others should be made on a case-by-case basis. Clinicians and public health infectious diseases specialists and public health authorities should review all available information, including time from initial positive test, RT-PCR Ct values, and presence of COVID-19 signs or symptoms. Persons determined to be potentially infectious should undergo evaluation and remain isolated until they are no longer contagious. For discontinuation of isolation or discontinuation of [transmission-based precautions](#), determine the appropriate circumstances.

**If a previously infected person has clinically recovered but later develops symptoms consistent with COVID-19, should the person be isolated again and tested for SARS-CoV-2?**

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Persons who develop new symptoms consistent with COVID-19 more than 3 months after the date of the most recent illness episode should be retested. Persons who test positive on a subsequent test should be considered infectious and remain isolated until they again meet criteria for discontinuation of isolation or of transmission-based precautions. Contact tracing during the person's second illness episode is warranted. For persons who develop new symptoms consistent with COVID-19 during the second illness episode, retesting may be warranted. If a person tests positive on a subsequent test and their second illness cannot be identified, repeat isolation and contact tracing are warranted. The determination of whether a patient with a subsequently positive test is contagious to others should be made on a case-by-case basis, in consultation with infectious diseases specialists and public health authorities. Review all available information (e.g., medical history, time from initial positive test, RT-PCR Ct values, and presence of COVID-19 signs or symptoms).

If an infected person has clinically recovered and then later is identified as a contact need to be quarantined?

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A person who has clinically recovered from COVID-19 and then is identified as a contact months of symptom onset of their most recent illness does not need to be quarantined. However, if a person is identified as a contact of a new case 3 months or more *after* symptom onset, they should follow quarantine recommendations for contacts.

If an infected person has clinically recovered using the symptom-based strategy, do they are not infectious?

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No. The [symptom-based strategy](#) is intended to replace the need for repeated testing.

If an infected person has clinically recovered, should the person continue to wear a mask in public?

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Yes. It is recommended that all persons, with a few exceptions, wear [cloth face covering](#). The purpose of cloth face coverings is to limit transmission of SARS-CoV-2 from infected persons who do not have clinical symptoms of illness or may have early or mild symptoms that they are not aware of. Cloth face coverings may provide reassurance to others in public settings and be a reminder to practice social distancing. However, cloth face coverings are not personal protective equipment (PPE); instead of a respirator or a facemask to protect a healthcare worker.

[1] Cloth face coverings should not be placed on young children under age 2, anyone who is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

## Obstetrical Care

## Does CDC recommend use of facemasks or respirators for healthcare personnel (HCP) caring for patients with known or suspected COVID-19 infection?

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When available, respirators (or facemasks if a respirator is not available), eye protection, and gloves should be used for the care of patients with known or suspected COVID-19 infection, including work in the same room as a patient with known or suspected COVID-19 infection. For more information, please see [Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 \(COVID-19\) in Healthcare Settings](#).

## How should the use of N95 respirators be prioritized within obstetric healthcare settings?

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During respirator shortages, care should be taken to ensure that N95 respirators are the highest level of respiratory protection is most important, such as performance of aerosol-generating procedures. In such shortage situations, facemasks may be used for patient care.

Alternatives to N95 respirators might be considered where feasible. These include other types of filtering facepiece respirators, half facepiece or full facepiece elastomeric respirators, and powered air-purifying respirators (PAPRs) where feasible. All of these alternatives will provide equivalent or higher protection than N95 respirators when properly worn. However, PAPRs and elastomeric respirators should not be used in the operating room due to concerns that exhaled air may contaminate the sterile field. For more information, please see [Optimizing the Supply of N95 Respirators: Conventional Capacity Strategies](#).

When respirator supplies are restored, the facility can switch back to use of N95 respirators for the care of patients with known or suspected COVID-19 infection. For more information, please see [Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 \(COVID-19\) in Healthcare Settings](#).

## Is forceful exhalation during the second stage of labor considered an aerosol-generating procedure for respirator prioritization during shortages?

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Based on limited data, forceful exhalation during the second stage of labor would not be considered an aerosol-generating procedure for respirator prioritization during shortages. Forceful exhalation during the second stage of labor is likely to generate higher concentrations of infectious respiratory aerosols.

When respirator supplies are restored, as with all clinical care activities for patients with COVID-19, HCP should use respirators (or facemasks if a respirator is not available), eye protection, gowns during the second stage of labor, in addition to other personal protective equipment indicated for labor and delivery. For more information please see: [Healthcare Infection Control Practices Advisory Committee \(HICPAC\) 2019](#)

## Is use of high-flow oxygen considered an aerosol-generating procedure for respirator prioritization during shortages?

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Based on limited data, high-flow oxygen use is not considered an aerosol-generating procedure for respirator prioritization during shortages over procedures more likely to generate higher concentrations of infectious respiratory aerosols (such as bronchoscopy, intubation, and open suctioning). Patients with COVID-19 should receive any interventions they would normally receive as standard of care. When supplies are restored, as with all clinical care activities for patients with known or suspected COVID-19, HCP should use respirators (or facemasks if a respirator is not available), eye protection, gloves, and gowns should be used for pregnant patients with known or suspected COVID-19. For more information please see [Prevention and Control FAQs](#)

## Should intrapartum fever be considered as a possible sign of COVID-19 infection?

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Clinicians should use their judgment to determine if a patient has [signs and symptoms](#) and whether the patient should be tested. Fever is the most commonly reported sign; no COVID-19 have developed fever and/or symptoms of acute respiratory illness (cough, d

Data regarding COVID-19 in pregnancy are limited; according to current information, pr are expected to be similar to those for non-pregnant patients, including the presence o

Other considerations that may guide testing are epidemiologic factors such as the occu transmission of COVID-19 infections. As part of evaluation, clinicians are strongly encou of respiratory illness and peripartum fever. For more information please see: [Testing O Disease 2019 \(COVID-19\)](#)

## What guidance is available for labor and delivery HCP with potential exposure in a h patients with COVID-19 infection?

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HCP in labor and delivery healthcare settings should follow the same infection preventi recommendations and personal protective equipment recommendations as all other H patients with COVID-19 infection, guidance is available for HCP and healthcare facilities information, please see: [Interim U.S. Guidance for Risk Assessment and Public Health M Personnel with Potential Exposure in a Healthcare Setting to Patients with Coronavirus](#)

# Drugs and Investigational Therapies

## Are empiric antibiotics recommended for patients suspected of having COVID-19?

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Several patients with COVID-19 have been reported to present with concurrent commu pneumonia. Decisions to administer antibiotics to COVID-19 patients should be based c infection (community-acquired or hospital-acquired), illness severity, and antimicrobial information, see [Diagnosis and Treatment of Adults with Community-acquired Pneumo Practice Guideline of the American Thoracic Society and Infectious Diseases Society of A](#)

## What antiviral drugs are available to treat COVID-19?

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There are currently no antiviral drugs approved by FDA to treat COVID-19. See [Interim Clinical Practice Guidelines for the Management of Patients with Confirmed Coronavirus Disease 2019 \(COVID-19\)](#).

- For information on use of investigational drugs for treatment of patients with COVID-19, see [Investigational Medicines for Patients with COVID-19](#).
- For information on specific clinical trials underway for treatment of patients with COVID-19, see [clinicaltrials.gov](https://clinicaltrials.gov) [↗](#).

## Do nonsteroidal anti-inflammatory drugs (NSAIDs) worsen the course of disease for COVID-19?

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CDC is currently not aware of scientific evidence establishing a link between NSAIDs (e.g., aspirin, ibuprofen, naproxen) and worsening of COVID-19. [FDA](#) [↗](#), the [European Medicines Agency](#) [↗](#), the [World Health Organization](#) [↗](#), and the [UK Medicines and Healthcare products Regulatory Agency](#) [↗](#) are continuing to monitor the situation and will review new information on the effects of NSAIDs as it becomes available. For those who wish to use treatment options other than NSAIDs, there are many over-the-counter and prescription medications approved for pain relief and fever reduction. Patients with chronic conditions and additional questions should speak to their healthcare professional. Patients should use NSAIDs, and all medications, according to the product labeling and their healthcare professional.

# Patients with Asthma

## If I have patients with asthma, do I need to make any changes to their daily asthma regimens to reduce their risk of getting sick with COVID-19?

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People with moderate to severe asthma, particularly if not well controlled, [might be at higher risk](#) from COVID-19.

Based on what we currently know about COVID-19, the selection of therapeutic options recommended treatment of asthma has not been affected. [National asthma guidelines](#) Continuation of inhaled corticosteroids is particularly important for patients already using them because there is no evidence of increased risk of COVID-19 morbidity with use of inhaled corticosteroids. There is an abundance of data showing reduced risk of asthma exacerbation with maintenance of asthma therapy.

Patients with asthma but without symptoms or a diagnosis of COVID-19 should continue their asthma treatments.

## If my patient experiences an asthma exacerbation, should the exacerbation be treated to reduce risk of COVID-19?

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Selection of therapeutic options through guideline-recommended treatment of asthma is affected by what we currently know about COVID-19.

Systemic corticosteroids should be used to treat an asthma exacerbation per [national and current standards of care](#), even if it is caused by COVID-19. Short-term use of systemic corticosteroids for asthma exacerbations should be continued. There is currently no evidence to suggest that use of corticosteroids to treat asthma exacerbations increases the risk of developing severe COVID-19. There is an abundance of data to support use of systemic steroids for moderate or severe asthma.

Patients with asthma but without symptoms or a diagnosis of COVID-19 should continue their treatments, as recommended by national professional organizations, including the American Academy of Allergy, Asthma & Immunology (AAAAI) and the American College of Allergy, Asthma & Immunology. Health care providers need to be present during nebulizer use among patients who have either symptoms of COVID-19 or a diagnosis of COVID-19, use [CDC's recommended precautions when performing aerosol-generating procedures](#).

Clinicians may be concerned that an asthma exacerbation is related to an underlying infection. Clinicians can access laboratory testing for COVID-19 through a network of state and local laboratories across the country. Lists of [states and territories with laboratories](#) that are using COVID-19 testing are available. For more information, see [Testing in U.S.](#) Clinicians should direct testing questions to their local health departments.

## Are any changes recommended to the asthma treatment plan if my patient with ast

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Patients can be referred to [CDC's recommendations for caring for themselves or someone with COVID-19](#).

If nebulizer use at home is necessary for patients with asthma who have symptoms or a diagnosis of COVID-19, use the nebulizer in a location that minimizes and preferably avoids exposure to any other people in the home and preferably a location where air is not recirculated into the home (like a porch, patio, or outdoors). For more information, review [CDC's Interim Clinical Guidelines for the Management of COVID-19](#) by national professional organizations, including the American College of Allergy, Asthma & Immunology (ACAAI) and the Allergy & Asthma Network (AAN). Limiting the number of people in the room when the nebulizer is used is also recommended by the Asthma & Allergy Foundation of America. The nebulizer should be used and cleaned according to the manufacturer's instructions.

If nebulizer use in a healthcare setting is necessary for patients who have either symptoms or a diagnosis of COVID-19, use [CDC's recommended precautions when performing aerosol-generating procedures](#).

## Patients with Liver Disease

### Should people with COVID-19 and increased ALT or AST be tested for viral hepatitis?

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Yes, for your COVID-19 patients with risk factors for viral hepatitis and elevated hepatic enzymes, test them for hepatitis A virus, hepatitis B virus, and hepatitis C virus infections. However, elevated alanine aminotransferase (ALT) or aspartate aminotransferase (AST) may also be associated with COVID-19 and may indicate greater severity of illness. For more information, review [CDC's Interim Clinical Guidelines for the Management of COVID-19](#) and [CDC's Interim Clinical Guidelines for the Management of COVID-19: Patients with Confirmed Coronavirus Disease \(COVID-19\)](#).

## During the COVID-19 pandemic, should high-risk populations continue to be vaccinated in response to the ongoing hepatitis A outbreaks?

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Yes. People susceptible to hepatitis A virus (HAV) infection during the current hepatitis A outbreak should receive the hepatitis A vaccine when possible. This includes:

- people who use drugs (injection or non-injection)
- people experiencing unstable housing or homelessness
- men who have sex with men (MSM)
- people who are or were recently incarcerated
- people with chronic liver disease (including cirrhosis, hepatitis B, or hepatitis C) and where the [hepatitis A outbreaks](#) are ongoing

Vaccination in settings such as jails, other correctional facilities, and homeless shelters is best when it is previously planned and organized in a way that would adhere to infection control and social distancing standards can be maintained. However, efforts should be made to vaccinate people in settings that allow for social distancing. Whenever possible, vaccination efforts in non-crowded settings should continue for people at highest risk of acquiring HAV infection or developing serious complications, if social distancing standards can be maintained.

## Should routinely recommended hepatitis A and hepatitis B vaccines continue to be given to children?

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Routine hepatitis A and hepatitis B vaccination of children should continue to the extent possible in accordance with [CDC immunization schedules](#).

### Maintaining Childhood Immunizations During COVID-19 Pandemic

The COVID-19 pandemic is changing rapidly and continues to affect communities across the United States. Some of the strategies used to slow the spread of disease in communities include postponing non-urgent elective procedures and using telemedicine instead of face-to-face encounters for many services.

Different strategies are needed to ensure the delivery of newborn care and well-child care immunizations. Healthcare providers in communities affected by COVID-19 are using strategies to [separate sick visits from well visits](#). Examples include:

- Scheduling well visits in the morning and sick visits in the afternoon.
- Separating patients spatially, such as by placing patients with sick visits in different areas of the practice location from patients with well visits.
- Collaborating with providers in the community to identify separate locations for holding well-child visits.

Because of personal, practice, or community circumstances related to COVID-19, some healthcare providers may not be able to provide well-child care, including immunizations, for all patients in their practice. If a practice has limited well-child visits, healthcare providers are encouraged to prioritize newborn care for infants and young children (through 24 months of age) when possible. CDC is monitoring the situation and will continue to provide guidance.

## Should vaccination of HBV-exposed infants continue during the COVID-19 pandemic

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Yes. Hepatitis B vaccination of all infants, especially those exposed to hepatitis B virus, should continue to follow Advisory Committee on Immunization Practices (ACIP) recommendations.

### Labor and Delivery Care

- Identify HBsAg status of all women presenting for delivery.
- If a woman's HBsAg status is positive, HBIG and single antigen hepatitis B vaccine should be administered to the infant within 12 hours of birth.
- If a woman's HBsAg status is unknown, single antigen hepatitis B vaccine should be administered to the infant within 12 hours of birth. Administration of HBIG should be determined per ACIP recommendations (<https://www.cdc.gov/mmwr/volumes/67/rr/rr6701a1.htm>). Infants weighing <2,000 g and whose mother's HBsAg status cannot be determined within 12 hours of birth.
- Provide the birth dose of hepatitis B vaccine to all other newborns within 24 hours of birth to prevent hepatitis B virus transmission from household or other close contacts.

## Should management of infants born to HBV-infected women continue during the COVID-19 pandemic

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Yes. Management should continue to prevent mother-to-child transmission of hepatitis B virus.

### Pediatric Care of HBV-exposed Infants

- Make every effort to ensure HBV-exposed infants complete the hepatitis B vaccine series according to ACIP recommendations (see <https://www.cdc.gov/mmwr/volumes/67/rr/rr6701a1.htm>). For infants who are experiencing immunization service disruption, catch-up doses should be administered as close to the recommended intervals as possible, including series completion at 6 months. Post-vaccination serologic testing is recommended for post-vaccination serologic testing.
- If post-vaccination serologic testing is delayed beyond 6 months after the hepatitis B vaccine series, consider administering a "booster" dose of single antigen hepatitis B vaccine and then order repeat testing (HBsAg & antibody to HBsAg [anti-HBs]) 1-2 months after the "booster" dose.

## Should hepatitis A and hepatitis B vaccines continue to be administered to adults at hepatitis B?

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Yes. Continue to administer these vaccines if an in-person visit must be scheduled for a clinical preventive service can be delivered during that visit with no additional risk; or a clinician believe that there is a compelling need to receive the service based on an assessment that the benefit outweighs the risk of exposure to SARS-CoV-2 virus. For more information see [Preventive Services, Including Immunizations](#).

## Patients with Hypertension

### Are patients with hypertension at higher risk for severe illness from COVID-19?

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Although many patients with severe illness from COVID-19 have underlying hypertensive disease, hypertension is an independent risk factor for severe illness from COVID-19. Hypertension is more frequent with advancing age and among men, non-Hispanic Black, and Hispanic populations. Other underlying medical conditions such as obesity, diabetes, and serious heart disease. Only underlying medical condition is hypertension are not considered to be at higher risk for severe illness from COVID-19.

### Should angiotensin-converting enzyme inhibitors (ACE-Is) or angiotensin receptor blockers (ARBs) be stopped in patients with COVID-19?

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No. The American Heart Association, the Heart Failure Society of America, and the American College of Cardiology [recommend](#) continuing ACE-I or ARB medications for all patients already prescribed these medications for indications such as heart failure, hypertension, or ischemic heart disease. At this time, there is no demonstration of COVID-specific harm from these agents. Several random controlled trials are under way to better answer this important clinical question. Cardiovascular disease patients with COVID-19 should be fully evaluated by a healthcare professional before adding or removing medications. Changes to their treatment should be based on the latest scientific evidence. Patients with chronic conditions and have additional questions should speak to their healthcare provider for management.

# Waste Management

What do waste management companies need to know about wastewater and sewage from a healthcare facility or community setting with either a known COVID-19 patient or person under investigation (PUI)?

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Waste generated in the care of PUIs or patients with confirmed COVID-19 does not present a unique risk for wastewater disinfection in the United States. Coronaviruses are susceptible to the same disinfection conditions used in community and healthcare settings as other viruses, so current disinfection conditions at wastewater treatment facilities are expected to be sufficient. This includes conditions for practices such as oxidation (e.g., chlorine bleach) and peracetic acid, as well as inactivation using UV irradiation.

Do wastewater and sewage workers need any additional protection when handling wastewater from a healthcare or community setting with either a known COVID-19 patient or PUI?

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Wastewater workers should use standard practices including [basic hygiene precautions](#) and [PPE](#) as prescribed for their current work tasks when handling untreated waste. There is no need for employees of wastewater plants need any additional protections in relation to COVID-19.

Should medical waste or general waste from healthcare facilities treating PUIs and patients with COVID-19 be handled any differently or need any additional disinfection?

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Medical waste (trash) coming from healthcare facilities treating COVID-19 patients is no different from waste coming from facilities without COVID-19 patients. CDC's guidance states that management of sharps, needles, and medical waste should be performed in accordance with routine procedures. There is no need to suggest that facility waste needs any additional disinfection.

More guidance about environmental infection control is available in section 7 of CDC's [Infection Prevention and Control Recommendations](#) for Patients with Confirmed COVID-19 or Persons Under Investigation in Healthcare Settings.

## Additional Resources

- [Clinical Care Guidance](#)
- [Therapeutic Options for Patient with COVID-19](#)
- [Guidance for Pediatric Healthcare Providers](#)
- [Disposition of Hospitalized Patients with COVID-19](#)
- [Inpatient Obstetric Healthcare Guidance](#)
- [Information for Healthcare Providers: COVID-19 and Pregnant Women](#)
- [Ending Isolation for Immunocompromised Patients](#)
- [Risk Assessment and Public Health Management of Healthcare Personnel with Potential Exposure to Patients with Coronavirus Disease \(COVID-19\)](#)
- [Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 \(COVID-19\) in Healthcare Settings](#)
- [Strategies for Optimizing the Supply of N95 Respirators: Conventional Capacity Strategies](#)
- [Testing Overview for Coronavirus Disease 2019 \(COVID-19\)](#)
- [Healthcare Infection Prevention and Control FAQs](#)
- [National Institutes of Health: Coronavirus Disease 2019 \(COVID-19\) Treatment Guidelines](#)

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