



SEARCH

HOME

FIRST AID + EMERGENCIES

TOPICS A - Z

HEALTH + MEDICAL

LIFESTYLE + WELLNESS

MEDICATIONS

[eMedicineHealth Home](#) > Wilderness: Chest Injuries

FIRST AID ARTICLES

Anaphylactic Shock

Bee & Wasp Stings

Broken Toe

Brown Recluse Spider Bite

Concussion

Cuts or Lacerations

First Aid Kits

Food Poisoning

Heat Exhaustion & Heat Stroke

Sunburn

Wilderness: Chest Injuries

- [Chest Injuries Overview](#)
- [Chest Injury Symptoms](#)
- [Chest Injuries Treatment](#)
- [When to Seek Medical Care](#)
- [Synonyms and Keywords](#)
- [Authors and Editors](#)

Chest Injuries Overview

A chest injury can occur as the result of an accidental or deliberate penetration of a foreign object into the chest. This type of injury can also result from a blunt trauma, leading to chest wall injury (causing rib bruises, fracture, lung or heart contusions).

Chest Injury Symptoms

- Difficulty breathing, failure of the chest to expand normally, crunching sounds in the ribs, bruising, and coughing up blood indicate a chest injury.
- One segment of the chest wall may not move with breathing or move opposite to the rest of the chest wall (flail chest).
- Even without an obvious external injury, a significant internal injury can occur.

Chest Injuries Treatment

- An object that remains in the chest injury should not be removed.
- An airtight dressing such as tin foil or a plastic sack should be used as quickly as possible to cover any hole that

EXPLORE 80+ CENTERS

Allergy

Allergy Medications

Anaphylaxis

Antidepressants

Anxiety

Arthritis

GO

SEARCH MEDTERMS
DICTIONARY

Search for Medical Terms

SEARCH

SIGN UP FOR EMEDICINE
HEALTH WITH GOOGLE

SUBSCRIBE



- The injured person should be positioned with the injured side down.
- The injured person should be given pure oxygen to breathe.
- The neck and back of the injured person should be immobilized after a possible chest injury.



LATI

100-Year

New Mic

Timing k

Medical