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Aim for a Healthy Weight » BMI Calculator

Friday, September 07, 2012



Calculate Your Body Mass Index

[Español](#)

Enter Your Measurements:

STANDARD

Your Height: Feet and Inches

Your Weight: Pounds

METRIC

Your Height: Centimeters

Your Weight: Kilograms

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[Go to the BMI tables.](#)

[Download the BMI Calculator iPhone App](#)

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