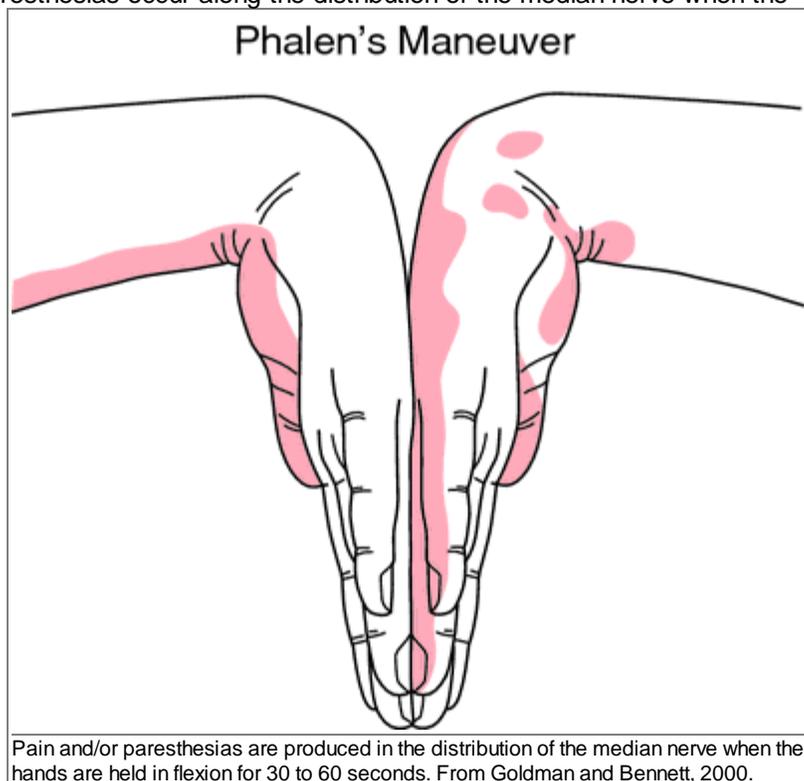


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Phalen's maneuver [fa'lenz]

to detect CARPAL TUNNEL SYNDROME, the size of the carpal tunnel is reduced by flexion (or extension) of the affected wrist for 30 to 60 seconds, or by inflating a SPHYGMOMANOMETER cuff around the involved hand to a point between diastolic and systolic pressure for 30 to 60 seconds. Pain or paresthesias occur along the distribution of the median nerve when the patient has carpal tunnel syndrome.



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