

PsyWeb Menu

Self Tests

[Personality Test](#)

[Depression Test](#)

[Anxiety Test](#)

[OCD Test](#)

Disorders and Treatment

[Mental Illness](#)

[Depression](#)

[Depression Signs and Symptoms](#)

[Major Depressive Disorder](#)

[Opiates and depression](#)

[Antepartum depression](#)

[Bipolar Disorder](#)

[Mood Disorders](#)

[Borderline Personality](#)

[Schizophrenia](#)

[Anxiety](#)

[Medical Anxiety Treatment \(Benzodiazepines\)](#)

[Difference between stress and anxiety](#)

[Mental Health Diagnosis](#)

[Mental Health Treatments](#)

[Alternative Meds](#)

[Case Studies](#)

Understand

[DSM 5](#)

[DSM-IV™](#)

[Axis I](#)

[Axis II](#)

[Axis III](#)

[Axis IV](#)

[Axis V](#)

[ICD-9](#)

[ICD-10](#)

Community

[News](#)

[Videos](#)

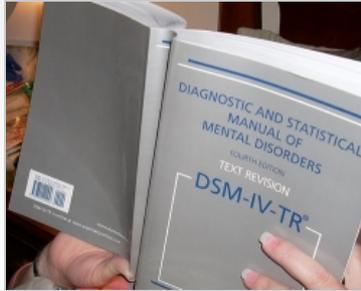
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Axis I

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By [DeepDiveAdmin](#), Wed, May 15, 2013

Axis I is part of the DSM "multi-axial" system for assessment. The five axis model is designed to provide a comprehensive diagnosis that includes a complete picture of not just acute symptoms but of the entire scope of factors that account for a patient's mental health. This page explains DSM Axis I



Axis I: Clinical Disorders

This is the top-level of the DSM multi-axial system of diagnosis. It represents acute symptoms that need treatment; Axis I diagnoses are the most familiar and widely recognized (e.g., major depressive episode, schizophrenic episode, panic attack). Axis I terms are classified according to V-codes by the medical industry (primarily for billing and insurance purposes).

Clinical Disorders are grouped into categories listed below with examples of each.

Major Categories of DSM Clinical Disorders

[Adjustment Disorders](#)

- With [Anxiety](#)
- With Depressed Mood
- With Disturbance of Conduct
- With Mixed Anxiety and Depressed Mood
- With Mixed Disturbance of Emotions and Conduct
- Unspecified.

[Anxiety Disorders](#)

- [Acute Stress Disorder](#)
- [Agoraphobia](#)
- [Agoraphobia Without History of Panic Disorder](#)
- [Anxiety Disorder Due to a General Medical Condition](#)
- [Anxiety Disorder Not Otherwise Specified \(Anxiety Disorder NOS\)](#)
- [Generalized Anxiety Disorder \(GAD\)](#)
- [Obsessive-Compulsive Disorder \(OCD\)](#)
- [Panic Attack](#)
- [Panic Disorder With Agoraphobia](#)
- [Panic Disorder Without Agoraphobia](#)
- [Posttraumatic Stress Disorder](#)
- [Social Phobia](#)
- [Specific Phobia](#)
- [Substance-Induced Anxiety Disorder](#)

Cognitive Disorders (Delirium, Dementia, and Amnestic).

- [Amnestic](#)
- [Delirium](#)
- [Dementia](#)

[Dissociative Disorders.](#)

- [Depersonalization Disorder](#)

1. [Major Depressive Episode](#)
2. [New Depression Treatments](#)
3. [Getting Out Of Depression](#)
4. [Bipolar Tests](#)
5. [Schizophrenia Treatment](#)
6. [Personality Disorder Symptoms](#)

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Axis V



DSM 5 - Fifth Edition Of The Diagnostic And Statistical M...

Dissociative Amnesia
Dissociative Fugue
Dissociative Identity Disorder
Dissociative Disorder Not Otherwise Specified (NOS)

[Eating Disorders.](#)

Anorexia Nervosa

[Bulimia Nervosa](#)

Eating Disorder Not Otherwise Specified (NOS)

[Factitious Disorders.](#)

With Combined Psychological and Physical Signs and Symptoms

With Predominantly Physical Signs and Symptoms

With Predominantly Psychological Signs and Symptoms

[Impulse-Control Disorders \(Not Classified Elsewhere\).](#)

Impulse-Control Disorder Not Otherwise Specified (NOS)

Intermittent Explosive Disorder

Kleptomania

Pathological [Gambling](#)

Pyromania

Trichotillomania

[Mental Disorders Due to a General Medical Condition](#)

Catatonic Disorder Due to a General Medical Condition

Personality Change Due to a General Medical Condition

[Mood Disorders](#)

[Bipolar I Disorder](#)

[Bipolar II Disorder](#)

[Bipolar Disorder Not Otherwise Specified \(NOS\)](#)

[Cyclothymic Disorder](#)

[Depressive Disorder Not Otherwise Specified \(NOS\)](#)

[Depression \(General Overview\)](#)

[Dysthymic Disorder](#)

[Major Depressive Disorder](#)

[Mood Disorder Due to a General Medical Condition](#)

[Mood Disorder Not Otherwise Specified \(NOS\)](#)

[Substance-Induced Mood Disorder](#)

[Schizophrenia and other Psychotic Disorders](#)

[Paranoid Type](#)

[Disorganized Type](#)

[Catatonic Type](#)

[Undifferentiated Type](#)

[Residual Type](#)

[Brief Psychotic Disorder](#)

[Delusional Disorder](#)

[Psychotic Disorder Due to a General Medical Condition](#)

[Psychotic Disorder Not Otherwise Specified](#)

[Schizoaffective Disorder](#)

[Schizophreniform Disorder](#)

[Substance-Induced Psychotic Disorder](#)

[Sexual and Gender Identity Disorders.](#)

Paraphilias:

[Exhibitionism](#)

[Fetishism](#)

[Frotteurism](#)

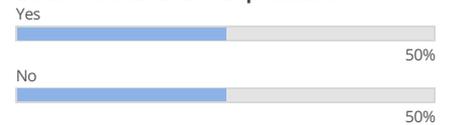
[Pedophilia](#)

[Sexual Masochism](#)

[Sexual Sadism](#)

PsyWeb Poll

Are You Currently Taking Or Have You Ever Been Prescribed Anti-Depressants?



Total votes: 3979

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Transvestic Fetishism
Voyeurism
Paraphilia Not otherwise Specified

Sexual Dysfunction:

Hypoactive Sexual Desire Disorder
Female Orgasmic Disorder (Inhibited Female Orgasm)
Female Sexual Arousal Disorder
Male Erectile Disorder
Male Orgasmic Disorder (Inhibited Male Orgasm)
Premature Ejaculation
Sexual Aversion Disorder
Sexual Dysfunction Due to a General Medical Condition
Substance-Induced Sexual Dysfunction
Sexual Dysfunction Not Otherwise Specified (NOS)

Sexual Pain Disorders:

Dyspareunia (Not Due to a General Medical Condition)
Vaginismus (Not Due to a General Medical Condition)

Sleep Disorders.

Breathing-Related Sleep Disorder
Circadian Rhythm Sleep Disorder
Dyssomnias Not Otherwise Specified. (NOS)
Insomnia Related to Another Mental Disorder
Nightmare Disorder (Dream Anxiety Disorder)
Primary Sleep Disorders:
 Primary Insomnia
 Primary Hypersomnia
 Narcolepsy
Sleep Disorder Due to a General Medical Condition
Sleep Disorder Related to Another Mental Disorder
Sleep Terror Disorder
Sleepwalking Disorder
Substance-Induced Sleep Disorder

Somatoform Disorders.

Somatization Disorder
Undifferentiated Somatoform Disorder
Conversion Disorder
Pain Disorder
Hypochondriasis.Body Dysmorphic Disorder
Somatoform Disorder not Otherwise Specified (NOS)

Substance-Related Disorders.

[Substance-Induced Anxiety Disorder.](#)
[Substance-Induced Mood Disorder.](#)
Substance-Induced Psychotic Disorder.
Substance-Induced Sleep Disorder.

Axis I in DSM-5

The next edition of the DSM is scheduled for publication in May, 2013. Working groups are reviewing the multiaxial system to try to bring it more into line with international reporting standards (as opposed to U.S. standards) with the goal of having a global approach to mental health diagnosis. Regarding Axis I, the American Psychiatric Association states,

The subgroup has recommended that DSM-5 collapse Axes I, II, and III into one axis that contains all psychiatric and general medical diagnoses. This change would bring DSM-5 into greater harmony with the single-axis approach used by the international community in the World Health Organization's (WHO) International Classification of Diseases (ICD).

An example of a multiaxial diagnosis

From [Edward Pierce, LCSW](#)

Axis I: Major Depressive Disorder, Single Episode, Severe Without Psychotic Features

Axis II: Dependent Personality Disorder Frequent use of denial

Axis III: None

Axis IV: Threat of job loss

Axis V: GAF = 35 (last year)

Related Reading

Click below to read articles related to [Axis I](#) and the DSM.

[DSM IV](#)

[Axis II](#)

[Axis III](#)

[Axis IV](#)

[Axis V](#)

1. Major Depressive Episode

2. Natural Depression Remedies

3. Common Mental Disorders

4. New Depression Treatments

5. Anxiety Disorders

6. Getting Out Of Depression

7. Bipolar Tests

Learn More



Axis II

DSM Axis II - Personality Disorders and Intellectual disabilities Axis II is part of the DSM "multiaxial" system for assessm...



Axis III

Axis III is part of the DSM "multiaxial" system for assessment. The five axis model is designed to provide a comprehensive di...



Axis IV

Axis IV is part of the DSM "multiaxial" system for assessment. The five axis model is designed to provide a comprehensive dia...



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