

REVIEWED

By Chris Tighe at 11:01 am, Jun 10, 2016

Micromedex Consumer Medication Information.

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Buspirone (By mouth)

bue-SPYE-roneTreats [anxiety](#).

Drug classes

Antianxiety ([About this - PubMed Health](#))

Uses

Uses of This Medicine

[Buspirone](#) is used to treat certain [anxiety disorders](#) or to relieve the symptoms of anxiety. However, buspirone usually is not used for anxiety or tension caused by the stress of everyday life.

It is not known exactly how [buspirone](#) works to relieve the symptoms of [anxiety](#). Buspirone is thought to work by decreasing the amount and actions of a chemical known as serotonin in certain parts of the [brain](#).

This medicine is available only with your doctor's prescription.

[Other uses](#) (PubMed Health)

How To Use

Tablet

Your doctor will tell you how much of this medicine to take and how often. Do not take more medicine or take it more often than your doctor tells you to.

You may take this medicine with or without food, but take it the same way each time.

You may need to take this medicine for 1 or 2 weeks before you begin to feel better.

If a dose is missed:

If you miss a dose or forget to take your medicine, take it as soon as you can. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose.

Do not use extra medicine to make up for a missed dose.

How to Store and Dispose of This Medicine:

Store the medicine at room temperature, away from heat, moisture, and direct light.

Keep all medicine out of the reach of children and never share your medicine with anyone.

Drugs and Foods to Avoid

Ask your doctor or pharmacist before using any other medicine, including over-the-counter medicines, [vitamins](#), and herbal products.

You should not use [buspirone](#) when you are also using an MAO [inhibitor](#) (such as Eldepryl®, Marplan®, Nardil®, Parnate®).

Do not eat grapefruit, drink grapefruit juice, or drink alcohol while you are using [buspirone](#).

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