

Gaf Score

Global Assessment of Functioning



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Gaf Score (Global Assessment of Functioning)

A Gaf Score or Global Assessment of Functioning is utilized by a clinician to gauge an individual's overall level of functioning and his/her ability to carry out activities of daily living. This information is useful in planning treatment, measuring its impact, and predicting outcome.

The Global Assessment of Functioning Scale is a 100-point scale that measures a patient's overall level of psychological, social, and occupational functioning on a hypothetical continuum.

The GAF Report decision tree is designed to guide clinicians through a methodical and comprehensive consideration of all aspects of a patients symptoms and functioning to determine a patients GAF rating in less than 3 minutes.

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|--------------------|--|
| 100 91 | Superior functioning in a wide range of activities, life's problems never seem to get out of hand, is sought out by others because of his or her many positive qualities. No symptoms. |
| 90 81 | Absent or minimal symptoms (e.g., mild anxiety before an exam), good functioning in all areas, interested and involved in a wide range of activities, socially effective, generally satisfied with life, no more than everyday problems or concerns (e.g., an occasional argument with family members). |

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| 80 | If symptoms are present, they are transient and expectable reactions to psychosocial stressors (<i>e.g.</i> , difficulty concentrating after family argument); no more than slight impairment in social, occupational, or school functioning (<i>e.g.</i> , temporarily falling behind in schoolwork). |
| 70 | Some mild symptoms (<i>e.g.</i> , depressed mood and mild insomnia) OR some difficulty in social, occupational, or school functioning (<i>e.g.</i> , occasional truancy, or theft within the household), but generally functioning pretty well, has some meaningful interpersonal relationships. |
| 60 | Moderate symptoms (<i>e.g.</i> , flat affect and circumstantial speech, occasional panic attacks) OR moderate difficulty in social, occupational, or school functioning (<i>e.g.</i> , few friends, conflicts with peers or co-workers). |
| 50 | Serious symptoms (<i>e.g.</i> , suicidal ideation, severe obsessional rituals, frequent shoplifting) OR any serious impairment in social, occupational, or school functioning (<i>e.g.</i> , no friends, unable to keep a job). |
| 40 | Some impairment in reality testing or communication (<i>e.g.</i> , speech is at times illogical, obscure, or irrelevant) OR major impairment in several areas, such as work or school, family relations, judgment, thinking, or mood (<i>e.g.</i> , depressed man avoids friends, neglects family, and is unable to work; child frequently beats up younger children, is defiant at home, and is failing at school). |
| 30 | Behavior is considerably influenced by delusions or hallucinations OR serious impairment, in communication or judgment (<i>e.g.</i> , sometimes incoherent, acts grossly inappropriately, suicidal preoccupation) OR inability to function in almost all areas (<i>e.g.</i> , stays in bed all day, no job, home, or friends) |
| 20 | Some danger of hurting self or others (<i>e.g.</i> , suicide attempts without clear expectation of death; frequently violent; manic excitement) OR occasionally fails to maintain minimal personal hygiene (<i>e.g.</i> , smears feces) OR gross impairment in communication (<i>e.g.</i> , largely incoherent or mute). |
| 10 | Persistent danger of severely hurting self or others (<i>e.g.</i> , recurrent violence) OR persistent inability to maintain minimal personal hygiene OR serious suicidal act with clear expectation of death. |
| 0 | Inadequate information. |

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