Orthopaedic Surgery

AC Joint Injury: What You Need to Know

- An AC joint injury can occur due to a forceful blow, such as during a sports activity or from a fall on to the top of the shoulder.
- Pain associated with an AC joint injury can range from mild to very painful, depending on the severity of the injury.
- Diagnosing an AC joint injury usually includes a physical exam, but you may also need to get an X-ray, CT scan or MRI.
- Depending on the severity of the AC joint injury, treatment ranges from rest, wearing a sling and taking anti-inflammatory medications to surgery.

Patient Resources

Learn more about AC joint problems in our Health Library.

Learn more about shoulder pain and problems in our Health Library.

Why choose Johns Hopkins for treatment of AC joint injury?

Our Physicians

Rely on the expertise of our physicians to help you manage your AC joint injury.

Andrew Cosgarea, M.D.
Edward McFarland, M.D.
Uma Srikumaran, M.D.
John Wilckens, M.D.
Bashir Zikria, M.D., M.Sc.