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mood (mōd) [A.S. mōd disposition]

a pervasive and sustained emotion that, when extreme, can color one's whole view of life and markedly affect behavior. Mood is generally used to refer to either elation or depression. See also [mood disorders](#), under disorder.

dysphoric mood, a mood that is unpleasant.

elevated mood, a mood characterized by an exaggerated sense of well-being, cheerfulness, or elation.

euthymic mood, a mood that is neither elevated nor depressed.

expansive mood, a mood characterized by a lack of restraint in expressing one's feelings, often with an overestimation of self-importance or significance.

irritable mood, a mood that is easily annoyed or provoked to anger.

REVIEWED

By Chris Tighe at 1:01 pm, Feb 29, 2016

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