



captured 4/30/14

**Physical Therapy Program: Faculty Directory****Theresa (Tracy) M. Spitznagle, PT, DPT, WCS****Current Position**

Associate Professor, Physical Therapy

**Specialty Areas**

Physical Therapy

**Additional Features and Interviews with Dr. Spitznagle:**[Ask the Expert - Ladue News: Stress Incontinence While Exercising](#)**Patients Seen At**

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St. Louis, MO 63108

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[View Driving Directions](#)**Mailing Address**

Washington University School of Medicine

Program in Physical Therapy

4444 Forest Park Avenue, Campus Box 8502

St. Louis, MO 63108

**Areas of Clinical Interest**

Women's Health, specifically incontinence and pelvic pain, pain syndromes during pregnancy

**Areas of Research Interest**

Pelvic pain and urinary incontinence

**Board Certification**

Women's Health Clinical Specialist -- Certified

**Medical Education**

BS: Marquette University, Milwaukee, Wisconsin, 1986

MHS: Washington University, St. Louis, Missouri, 1994

DPT: Doctor of Physical Therapy, Washington University School of Medicine, St. Louis, Missouri, 2006

**Books and Book Chapters**

Movement System Syndromes of the Thoracic Spine Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spines, Shirley Sahrmann and Associates. Mosby; first edition (November 19, 2010)

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