

**REVIEWED**

*By Chris at 12:17 pm, Sep 21, 2020*

Results updated between these given dates

Audience:

Topic:

Content Type:

# Healthy Weight, Nutrition, and Physical Act

## Adult BMI Calculator



COVID-19: Obesity May Increase Risk for Severe Illness

This calculator provides body mass index (BMI) and the corresponding BMI weight status older. For children and teens, 2 through 19 years, use the [BMI Calculator for Children and](#)

### Adult BMI Calculator

1. Height:

Feet

Inches

2. Weight:

Pounds

Calculate

Note: this calculator uses JavaScript. If you have JavaScript turned off or have problems with the formula for calculating BMI on [About BMI for Adults](#).

## Related Resources

- [What is BMI?](#)
- [How is BMI used?](#)
- [What are the BMI trends for adults in the United States?](#)
- [Why is BMI used to measure overweight and obesity?](#)
- [What are other ways to assess excess body fatness?](#)
- [How is BMI calculated?](#)
- [How is BMI interpreted?](#)
- [Is BMI interpreted the same for teens as it is for adults?](#)
- [How good is BMI as an indicator of body fatness?](#)
- [If an athlete or other person has a BMI over 25, is that person overweight?](#)
- [What are the health consequences of being overweight or obese as an adult?](#)

## Share the Adult BMI Calculator Widget

A widget is an application that can be used by partners to display featured content directly on their web site or social media. Widgets can also be shared with friends.

BMI is a reliable indicator of body fatness for most people. It is used to screen for weight-related health problems. Including this widget on your application will allow people to calculate their BMI and the corresponding weight category. It also provides information on what BMI is.

Adding the code below to your web site will generate the widget.

# BMI For Adults Widget

### Body Mass Index (BMI) Calculator for Adults

[Calculator](#) [What is BMI?](#)

**Calculate Your BMI**  
English | [Metric](#)

**Height:**  
 feet  inch(es)

**Weight:**  
 pounds  
(8 ounces = .5 pounds)

[Calculate](#)

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[Info](#)  
[Grab This Widget](#)

Copy the code below for this widget

```
<h3>BMI For Adults Widget</h3><br /><br /><br /><p><iframe src='https://www.cdc.gov /healthyweight/assessing/adult-wid- get/iframe.html' frameborder='0' style='border: none;' width='170' height='395'>Please upgrade to web browser that supports iframes to see
```