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NovoLog® Mix 70/30 Insulin & Diabetes Living With Diabetes Savings & Cost Tools & Resources Search..

**The Cornerstones4Care®
Diabetes Health Coach**

This powerful online tool features:



- An **online personalized learning and action plan** based on your personal health assessment
- **Online coaching sessions and videos** on topics that matter to you
- **Tools and trackers** to monitor your progress
- **Tips and reminders** to help you at every step

[Find out more ▶](#)

Take a Closer Look

at NovoLog® Mix 70/30 FlexPen® vs human premixed insulin (such as Novolin® 70/30)

- ...A low rate of major hypoglycemia
- ...Better mealtime coverage
- ...No refrigeration once in use*



Hypoglycemia

Better Mealtime Coverage

Insulin On The Go

Find out more

about a safe way to manage your diabetes

Learn how to

control your blood sugar levels at mealtime

Learn more about

NovoLog® Mix 70/30 FlexPen®



[Recognize the pattern](#)

Join **Cornerstones4Care®** and receive a

Novo Nordisk Instant Savings Card

You'll pay no more than \$25 for NovoLog® Mix 70/30 and each refill for up to 2 years.*



*Restrictions apply.

Get one **FREE** box of Novo Nordisk needles when you activate your card.

[Learn more ▶](#)

Needles are sold separately and may require a prescription in some states.

Selected Important Safety Information

Who should not use NovoLog® Mix 70/30?

- Do not use NovoLog® Mix 70/30 if your blood sugar is too low (hypoglycemia) or you are allergic to any of its ingredients.

How should I take NovoLog® Mix 70/30?

- NovoLog® Mix 70/30 starts acting fast. If you have type 1 diabetes, inject within 15 minutes before you eat a meal. If you have type 2 diabetes, inject within 15 minutes before or after starting your meal.
- Inject NovoLog® Mix 70/30 under the skin of your stomach area, upper arms, buttocks, or thighs, but never into a vein or muscle.
- Do not mix NovoLog® Mix 70/30 with other insulin products or use in an insulin pump.
- Do not change your dose or type of insulin unless you are told to by your health care provider.
- Do not share needles, insulin pens, or syringes.
- Check your blood sugar levels as directed by your health care provider.

Please [click here](#) for additional Important Safety Information.

*Once in use, NovoLog® Mix 70/30 FlexPen® must be kept at room temperature (below 86°F) for up to 14 days. Throw away an unrefrigerated disposable NovoLog® Mix 70/30 FlexPen® after 14 days, even if it still contains insulin. Throw away unrefrigerated vials after 28 days, even if they still contain insulin.

†IMS Health, Inc. IMS MIDAS (12 months ending January 2012).

Indications and Usage

What is NovoLog® Mix 70/30 (70% insulin aspart protamine suspension and 30% insulin aspart injection, [rDNA origin])?

- NovoLog® Mix 70/30 is a man-made insulin used to control high blood sugar in adults with diabetes mellitus.
- It is not known if NovoLog® Mix 70/30 is safe or effective in children.

Important Safety Information

Who should not use NovoLog® Mix 70/30?

- Do not use NovoLog® Mix 70/30 if your blood sugar is too low (hypoglycemia) or you are allergic to any of its ingredients.

What should I tell my health care provider before taking NovoLog® Mix 70/30?

- About all of your medical conditions, including liver, kidney, or heart problems.
- If you are pregnant, breastfeeding, or plan to do either.
- About all prescription and nonprescription medicines you take, including supplements, as your dose may need to change.

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- Do not change your dose or type of insulin unless you are told to by your health care provider.
- Do not share needles, insulin pens, or syringes.
- Check your blood sugar levels as directed by your health care provider.

What should I consider while using NovoLog® Mix 70/30?

- Alcohol, including beer and wine, may affect your blood sugar.
- Be careful when driving a car or operating machinery. You may have difficulty concentrating or reacting if you have low blood sugar. Talk to your health care provider if you often have low blood sugar or no warning signs of low blood sugar.

What are the possible side effects of NovoLog® Mix 70/30?

- Low blood sugar, including when too much is taken. Some symptoms include sweating, shakiness, confusion, and headache. Severe low blood sugar can cause unconsciousness, seizures, and death.
- Serious allergic reactions may occur. Get medical help right away, if you develop a rash over your whole body, have trouble breathing, a fast heartbeat, or sweating.
- Other side effects include low potassium in your blood, injection site reactions (like redness, swelling, and itching), skin thickening or pits at the injection site, weight gain, swelling of your hands and feet, if taken with thiazolidinediones (TZDs) possible heart failure, and vision changes.

[For more information, please click here for complete NovoLog® Mix 70/30 Prescribing Information.](#)

NovoLog® Mix 70/30 is a prescription medicine.

Talk to your doctor about the importance of diet and exercise in your treatment plan.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.



If you need assistance with prescription drug costs, help may be available. Visit pparx.org or call 1-888-4PPA-NOW.

NovoLog® Mix 70/30

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Savings & Cost

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- > NovoLog® Mix 70/30 Cost

Tools & Resources

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- > NovoLog® Mix 70/30 Patient Brochure
- > Doctor Discussion Guide
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