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Welcome



My Own Meal® Shelf Stable Meals:

- Glatt Kosher
- Great-tasting
- Wholesome
- Excellent Quality
- No Refrigeration

Perfect for:

- late night dinners
- lunches
- travel
- dormitories/schools
- camping / militaries / expeditions
- special dietary needs
- anytime home cooking is not possible



My Own Meal® products meet the highest kashrus standards, Manufactured under the strictest orthodox rabbinical supervision of the Organization of Orthodox Kashruth

Supervision:

Rabbi A. Soloveichik, *ztl*, Founding Halalchic Authority
Rabbi M. Soloveichik. Established 1957.

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