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# Oppositional defiant disorder (ODD)

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## Definition

By Mayo Clinic Staff

Even the best-behaved children can be difficult and challenging at times. But if your child or teen has a persistent pattern of tantrums, arguing, and angry or disruptive behavior toward you and other authority figures, he or she may have oppositional defiant disorder (ODD).

As a parent, you don't have to go it alone in trying to manage a child with oppositional defiant disorder. Doctors, counselors and child development experts can help.

Treatment of ODD involves therapy, training to help build positive family interactions, and possibly medications to treat related mental health conditions.

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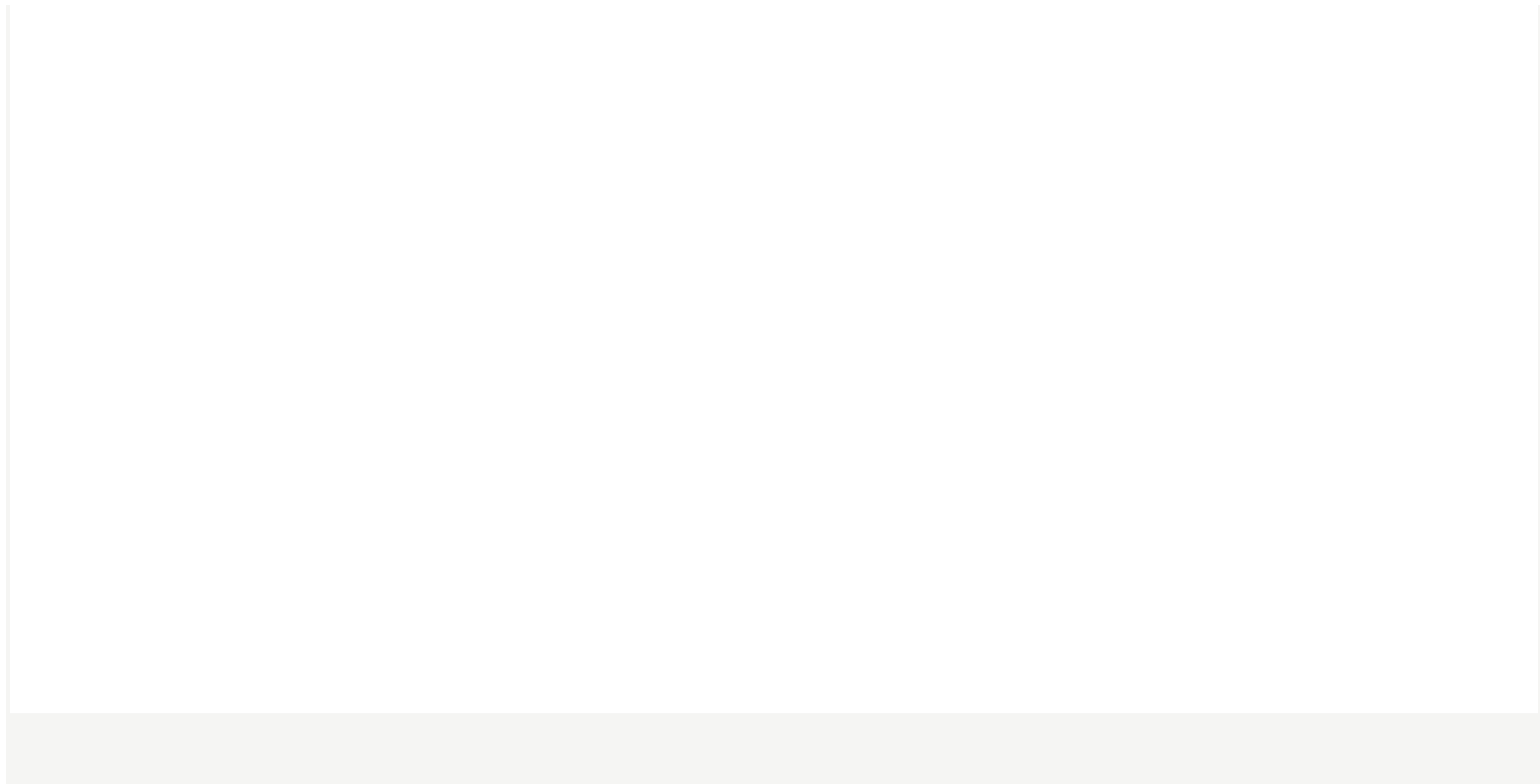
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