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Disability Insurance

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POLICY INTERPRETATION RULING

SSR 06-03p: Titles II and XVI: Considering Opinions and Other Evidence from Sources Who Are Not “Acceptable Medical Sources” in Disability Claims; Considering Decisions on Disability by Other Governmental and Nongovernmental Agencies

PURPOSE:

To clarify how we consider opinions from sources who are not “acceptable medical sources” and how we consider decisions by other governmental and nongovernmental agencies on the issue of disability or blindness.

CITATIONS:

Sections [205\(a\)](#), [216\(i\)](#), [221](#), [223\(d\)](#), [1614\(a\)\(3\)](#), [1631\(d\)](#), and [1633](#) of the Social Security Act (the Act), as amended; Regulations No. 4, subpart P, sections [404.1502](#), [404.1503](#), [404.1504](#), [404.1512\(b\)](#), [404.1513\(a\)](#), (d), and (e), [404.1520\(a\)](#), [404.1527](#), and subpart Q, section [404.1613](#), and Regulations No. 16, subpart I, sections [416.902](#), [416.903](#), [416.904](#), [416.912\(b\)](#), [416.913\(a\)](#), (d), and (e), [416.920\(a\)](#), [416.927](#) and subpart J, section [416.1013](#).

INTRODUCTION:

We use medical and other evidence to reach conclusions about an individual's impairment(s) to make a disability determination or decision as described in [20 CFR 404.1512](#), [404.1513](#), [416.912](#) and [416.913](#). In accordance with sections [223\(d\)\(5\)](#) and [1614\(a\)\(3\)\(H\)](#) of the Act, when we make a determination or decision of disability, we will consider all of the available evidence in the individual's case record. This includes, but is not limited to, objective medical evidence; other evidence from medical sources, including their opinions; statements by the individual and others about the impairment(s) and how it affects the individual's functioning; information from other “non-medical sources” and decisions by other governmental and nongovernmental agencies about whether an individual is disabled or blind. See [20 CFR 404.1512](#) and [416.912](#).

Medical Sources

The term “medical sources” refers to both “acceptable medical sources” and other health care providers who are not “acceptable medical sources.” See [20 CFR 404.1502](#) and [416.902](#).

Under our current regulations, “acceptable medical sources” are:

- Licensed physicians (medical or osteopathic doctors);
- Licensed or certified psychologists. Included are school psychologists, or other licensed or certified individuals with other titles who perform the same function as a school psychologist in a school setting, for purposes of establishing mental retardation, learning disabilities, and borderline intellectual functioning only;
- Licensed optometrists, for the measurement of visual acuity and visual fields (for claims under title II, we may need a report from a physician to determine other aspects of eye disease);
- Licensed podiatrists, for purposes of establishing impairments of the foot, or foot and ankle only, depending on whether the State in which the

podiatrist practices permits the practice of podiatry on the foot only, or the foot and ankle; and

- Qualified speech-language pathologists, for purposes of establishing speech or language impairments only.

See [20 CFR 404.1513\(a\)](#) and [416.913\(a\)](#).

Medical Source Distinction

The distinction between “acceptable medical sources” and other health care providers who are not “acceptable medical sources” is necessary for three reasons. First, we need evidence from “acceptable medical sources” to establish the existence of a medically determinable impairment. See [20 CFR 404.1513\(a\)](#) and [416.913\(a\)](#). Second, only “acceptable medical sources” can give us medical opinions. See [20 CFR 404.1527\(a\)\(2\)](#) and [416.927\(a\)\(2\)](#). Third, only “acceptable medical sources” can be considered treating sources, as defined in [20 CFR 404.1502](#) and [416.902](#), whose medical opinions may be entitled to controlling weight. See [20 CFR 404.1527\(d\)](#) and [416.927\(d\)](#).

Making a distinction between “acceptable medical sources” and medical sources who are not “acceptable medical sources” facilitates the application of our rules on establishing the existence of an impairment, evaluating medical opinions, and who can be considered a treating source.

“Other Sources”

In addition to evidence from “acceptable medical sources,” we may use evidence from “other sources,” as defined in [20 CFR 404.1513\(d\)](#) and [416.913\(d\)](#), to show the severity of the individual's impairment(s) and how it affects the individual's ability to function. These sources include, but are not limited to:

- *Medical sources* who are not “acceptable medical sources,” such as nurse practitioners, physician assistants, licensed clinical social workers, naturopaths, chiropractors, audiologists, and therapists; and
- “*Non-medical Sources*” including, but not limited to:
 - Educational personnel, such as school teachers, counselors, early intervention team members, developmental center workers, and daycare center workers;
 - Public and private social welfare agency personnel, rehabilitation counselors; and
 - Spouses, parents and other caregivers, siblings, other relatives, friends, neighbors, clergy, and employers.

Information from these “other sources” cannot establish the existence of a medically determinable impairment. Instead, there must be evidence from an “acceptable medical source” for this purpose. However, information from such “other sources” may be based on special knowledge of the individual and may provide insight into the severity of the impairment(s) and how it affects the individual's ability to function.

Evaluating Opinions And Other Evidence

Sections [404.1527](#) and [416.927](#) of our regulations provide general guidance for evaluating all relevant evidence in a case record and provide detailed rules for evaluating medical opinions from “acceptable medical sources.”^[1] Medical opinions are statements from physicians and psychologists or other “acceptable medical sources” that reflect judgments about the nature and severity of an individual's impairment(s), including symptoms, diagnosis and prognosis, what the individual can still do despite the impairment(s), and physical and mental restrictions. See [20 CFR 404.1527\(a\)\(2\)](#) and [416.927\(a\)\(2\)](#). The regulations set out factors we consider in weighing medical opinions from treating sources, nontreating sources, and nonexamining sources. See [20 CFR 404.1527\(d\)](#) and [416.927\(d\)](#). These factors include:

- The examining relationship between the individual and the “acceptable medical source”;
- The treatment relationship between the individual and a treating source, including its length, nature, and extent as well as frequency of examination;
- The degree to which the “acceptable medical source” presents an explanation and relevant evidence to support an opinion, particularly medical signs and laboratory findings;
- How consistent the medical opinion is with the record as a whole;
- Whether the opinion is from an “acceptable medical source” who is a specialist and is about medical issues related to his or her area of specialty; and

- Any other factors brought to our attention, or of which we are aware, which tend to support or contradict the opinion. For example, the amount of understanding of our disability programs and their evidentiary requirements that an “acceptable medical source” has, regardless of the source of that understanding, and the extent to which an “acceptable medical source” is familiar with the other information in the case record, are all relevant factors that we will consider in deciding the weight to give to a medical opinion.

In addition, these regulations provide that the final responsibility for deciding certain issues, such as whether an individual is disabled under the Act, is reserved to the Commissioner.

These regulations provide specific criteria for evaluating medical opinions from “acceptable medical sources”; however, they do not explicitly address how to consider relevant opinions and other evidence from “other sources” listed in [20 CFR 404.1513\(d\)](#) and [416.913\(d\)](#). With the growth of managed health care in recent years and the emphasis on containing medical costs, medical sources who are not “acceptable medical sources,” such as nurse practitioners, physician assistants, and licensed clinical social workers, have increasingly assumed a greater percentage of the treatment and evaluation functions previously handled primarily by physicians and psychologists. Opinions from these medical sources, who are not technically deemed “acceptable medical sources” under our rules, are important and should be evaluated on key issues such as impairment severity and functional effects, along with the other relevant evidence in the file.

“Non-medical sources” who have had contact with the individual in their professional capacity, such as teachers, school counselors, and social welfare agency personnel who are not health care providers, are also valuable sources of evidence for assessing impairment severity and functioning. Often, these sources have close contact with the individuals and have personal knowledge and expertise to make judgments about their impairment(s), activities, and level of functioning over a period of time. Consistent with [20 CFR 404.1513\(d\)\(4\)](#) and [416.913\(d\)\(4\)](#), we also consider evidence provided by other “non-medical sources” such as spouses, other relatives, friends, employers, and neighbors.

Although [20 CFR 404.1527](#) and [416.927](#) do not address explicitly how to evaluate evidence (including opinions) from “other sources,” they do require consideration of such evidence when evaluating an “acceptable medical source’s” opinion. For example, SSA’s regulations include a provision that requires adjudicators to consider any other factors brought to our attention, or of which we are aware, which tend to support or contradict a medical opinion. Information, including opinions, from “other sources”—both medical sources and “non-medical sources”—can be important in this regard. In addition, and as already noted, the Act requires us to consider all of the available evidence in the individual’s case record in every case.

Accordingly, this ruling clarifies how we consider opinions and other evidence from medical sources who are not “acceptable medical sources” and from “non-medical sources,” such as teachers, school counselors, social workers, and others who have seen the individual in their professional capacity, as well as evidence from employers, spouses, relatives, and friends. This ruling also explains how we consider decisions on disability made by other governmental and nongovernmental agencies.

POLICY INTERPRETATION:

I. Evidence From “Other Sources”

As set forth in regulations at [20 CFR 404.1527\(b\)](#) and [416.927\(b\)](#), we consider all relevant evidence in the case record when we make a determination or decision about whether the individual is disabled. Evidence includes, but is not limited to, opinion evidence from “acceptable medical sources,” medical sources who are not “acceptable medical sources,” and “non-medical sources” who have seen the individual in their professional capacity. The weight to which such evidence may be entitled will vary according to the particular facts of the case, the source of the opinion, including that source’s qualifications, the issue(s) that the opinion is about, and many other factors, as described below.

Factors for Considering Opinion Evidence

Although the factors in [20 CFR 404.1527\(d\)](#) and [416.927\(d\)](#) explicitly apply only to the evaluation of medical opinions from “acceptable medical sources,” these same factors can be applied to opinion evidence from “other sources.” These factors represent basic principles that apply to the consideration of all opinions from medical sources who are not “acceptable medical sources” as well as from “other sources,” such as teachers and school counselors, who have seen the individual in their professional capacity. These factors include:

- How long the source has known and how frequently the source has seen the individual;
- How consistent the opinion is with other evidence;

The degree to which the source presents relevant evidence to support an opinion;

- How well the source explains the opinion;
- Whether the source has a specialty or area of expertise related to the individual's impairment(s), and
- Any other factors that tend to support or refute the opinion.

Opinions from Medical Sources Who Are Not "Acceptable Medical Sources"

Opinions from "other medical sources" may reflect the source's judgment about some of the same issues addressed in medical opinions from "acceptable medical sources," including symptoms, diagnosis and prognosis, what the individual can still do despite the impairment(s), and physical and mental restrictions.

Not every factor for weighing opinion evidence will apply in every case. The evaluation of an opinion from a medical source who is not an "acceptable medical source" depends on the particular facts in each case. Each case must be adjudicated on its own merits based on a consideration of the probative value of the opinions and a weighing of all the evidence in that particular case.

The fact that a medical opinion is from an "acceptable medical source" is a factor that may justify giving that opinion greater weight than an opinion from a medical source who is not an "acceptable medical source" because, as we previously indicated in the preamble to our regulations at 65 FR 34955, dated June 1, 2000, "acceptable medical sources" "are the most qualified health care professionals." However, depending on the particular facts in a case, and after applying the factors for weighing opinion evidence, an opinion from a medical source who is not an "acceptable medical source" may outweigh the opinion of an "acceptable medical source," including the medical opinion of a treating source. For example, it may be appropriate to give more weight to the opinion of a medical source who is not an "acceptable medical source" if he or she has seen the individual more often than the treating source and has provided better supporting evidence and a better explanation for his or her opinion. Giving more weight to the opinion from a medical source who is not an "acceptable medical source" than to the opinion from a treating source does not conflict with the treating source rules in [20 CFR 404.1527\(d\)\(2\)](#) and [416.927\(d\)\(2\)](#) and [SSR 96-2p](#), "Titles II and XVI: Giving Controlling Weight To Treating Source Medical Opinions."

Evidence from "Non-medical Sources"

Opinions from "non-medical sources" who have seen the individual in their professional capacity should be evaluated by using the applicable factors listed above in the section "Factors for Weighing Opinion Evidence." Not every factor for weighing opinion evidence will apply in every case. The evaluation of an opinion from a "non-medical source" who has seen the individual in his or her professional capacity depends on the particular facts in each case. Each case must be adjudicated on its own merits based on a consideration of the probative value of the opinions and a weighing of all the evidence in that particular case.

For opinions from sources such as teachers, counselors, and social workers who are not medical sources, and other non-medical professionals, it would be appropriate to consider such factors as the nature and extent of the relationship between the source and the individual, the source's qualifications, the source's area of specialty or expertise, the degree to which the source presents relevant evidence to support his or her opinion, whether the opinion is consistent with other evidence, and any other factors that tend to support or refute the opinion.

An opinion from a "non-medical source" who has seen the claimant in his or her professional capacity may, under certain circumstances, properly be determined to outweigh the opinion from a medical source, including a treating source. For example, this could occur if the "non-medical source" has seen the individual more often and has greater knowledge of the individual's functioning over time and if the "non-medical source's" opinion has better supporting evidence and is more consistent with the evidence as a whole.

In considering evidence from "non-medical sources" who have not seen the individual in a professional capacity in connection with their impairments, such as spouses, parents, friends, and neighbors, it would be appropriate to consider such factors as the nature and extent of the relationship, whether the evidence is consistent with other evidence, and any other factors that tend to support or refute the evidence.

Explanation of the Consideration Given to Opinions from "Other Sources"

Since there is a requirement to consider all relevant evidence in an individual's case record, the case record should reflect the consideration of opinions from medical sources who are not "acceptable medical sources" and from "non-medical sources" who have seen the claimant in their professional capacity. Although there is a distinction between what an adjudicator must consider and what the adjudicator must explain in the

disability determination or decision, the adjudicator generally should explain the weight given to opinions from these “other sources,” or otherwise ensure that the discussion of the evidence in the determination or decision allows a claimant or subsequent reviewer to follow the adjudicator’s reasoning, when such opinions may have an effect on the outcome of the case. In addition, when an adjudicator determines that an opinion from such a source is entitled to greater weight than a medical opinion from a treating source, the adjudicator must explain the reasons in the notice of decision in hearing cases and in the notice of determination (that is, in the personalized disability notice) at the initial and reconsideration levels, if the determination is less than fully favorable.

II. Decisions On Disability By Other Governmental And Nongovernmental Agencies

The regulations at [20 CFR 404.1504](#) and [416.904](#) provide that:

[a] decision by any nongovernmental agency or any other governmental agency about whether you are disabled or blind is based on its rules and is not our decision about whether you are disabled or blind. We must make a disability or blindness determination based on social security law. Therefore, a determination made by another agency [e.g., Workers' Compensation, the Department of Veterans Affairs, or an insurance company] that you are disabled or blind is not binding on us.

Under sections [221](#) and [1633](#) of the Act, only a State agency or the Commissioner can make a determination based on Social Security law that you are blind or disabled. Our regulations at [20 CFR 404.1527\(e\)](#) and [416.927\(e\)](#) make clear that the final responsibility for deciding certain issues, such as whether you are disabled, is reserved to the Commissioner (see also [SSR 96-5p](#), “Titles II and XVI: Medical Source Opinions on Issues Reserved to the Commissioner”). However, we are required to evaluate all the evidence in the case record that may have a bearing on our determination or decision of disability, including decisions by other governmental and nongovernmental agencies ([20 CFR 404.1512\(b\)\(5\)](#) and [416.912\(b\)\(5\)](#)). Therefore, evidence of a disability decision by another governmental or nongovernmental agency cannot be ignored and must be considered.

These decisions, and the evidence used to make these decisions, may provide insight into the individual’s mental and physical impairment(s) and show the degree of disability determined by these agencies based on their rules. We will evaluate the opinion evidence from medical sources, as well as “non-medical sources” who have had contact with the individual in their professional capacity, used by other agencies, that are in our case record, in accordance with [20 CFR 404.1527](#), [416.927](#), Social Security Rulings [96-2p](#) and [96-5p](#), and the applicable factors listed above in the section “Factors for Weighing Opinion Evidence.”

Because the ultimate responsibility for determining whether an individual is disabled under Social Security law rests with the Commissioner, we are not bound by disability decisions by other governmental and nongovernmental agencies. In addition, because other agencies may apply different rules and standards than we do for determining whether an individual is disabled, this may limit the relevance of a determination of disability made by another agency. However, the adjudicator should explain the consideration given to these decisions in the notice of decision for hearing cases and in the case record for initial and reconsideration cases.

EFFECTIVE DATE:

This SSR is effective upon publication in the *Federal Register*.

CROSS-REFERENCES:

Social Security Rulings [96-2p](#), “Titles II and XVI: Giving Controlling Weight to Treating Source Medical Opinions,” [SSR 96-5p](#), “Titles II and XVI: Medical Source Opinions on Issues Reserved to the Commissioner”; Program Operations Manual System sections [DI 22505.003](#), [DI 24515.001](#), [DI 24515.002](#), [DI 24515.011](#), and [DI 24515.012](#).

[1] As explained in [SSR 96-6p](#), “Titles II and XVI: Consideration of Administrative findings of Fact by State Agency Medical and Psychological Consultants and Other Program Physicians and Psychologists at the Administrative Law Judge and Appeals Council Levels of Administrative Review; Medical Equivalence,” paragraphs (c), (d), and (e) of [20 CFR 404.1527](#) and [416.927](#) provide general rules for evaluating the record, with particular attention to medical opinions from “acceptable medical sources.”

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