

Safe, Natural ADD/ADHD Symptom Relief

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# Ritalin

Generic Name: [methylphenidate](#) (oral) (METH il FEN i date)  
 Brand Names: *Concerta, Metadate, Methylin, Quillivant XR, Ritalin, Ritalin LA, Ritalin-SR*

- Overview
- Side Effects
- Dosage
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## Prostate Cancer Stages

See the Progression of Stages for Prostate Cancer. Get Expert Info.



## What is Ritalin?

Ritalin (methylphenidate) is a central nervous system stimulant. It affects chemicals in the brain and nerves that contribute to hyperactivity and impulse control.

Ritalin is used to treat attention deficit disorder (ADD) and attention deficit hyperactivity disorder (ADHD). It is also used in the treatment of a sleep disorder called narcolepsy (an uncontrollable desire to sleep). When given for attention deficit disorders, Ritalin should be an integral part of a total treatment program that may include counseling or other therapies.

Ritalin may also be used for purposes not listed in this medication guide.

## Important information

You should not use Ritalin if you have glaucoma, tics or Tourette's syndrome, or severe anxiety, tension, or agitation.

Do not use Ritalin if you have taken an MAO inhibitor in the past 14 days. A dangerous drug interaction could occur. MAO inhibitors include isocarboxazid, linezolid, phenelzine, rasagiline, selegiline, and tranylcypromine.

Ritalin may be habit forming. Never share methylphenidate with another person, especially someone with a history of drug abuse or addiction. Keep the medication in a place where others cannot get to it.

ADVERTISMENT

ADD/ADHD Symptom Relief

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**Slideshow: Does Your Child Have ADHD? Recognizing Signs & Treatment Options**

## Related Information

- Rx Availability**  
Prescription only
- C Pregnancy Category**  
Risk cannot be ruled out
- 2 CSA Schedule**  
High potential for abuse
- Approval History**  
Drug history at FDA
- WADA Class**  
Anti-Doping Classification

## Reviews

66 User Reviews

## Average User Rating

7.4 Rate it!

## Manufacturer

Novartis Corporation

## Drug Class

CNS stimulants

## Related Drugs

- ADHD
- Adderall
- Vyvanse
- methylphenidate
- Concerta
- Strattera
- Adderall XR
- Focalin
- amphetamine/dextroamphetamine
- Focalin XR
- dexmethylphenidate
- atomoxetine
- lisdexamfetamine
- More...

## Narcolepsy

- Adderall
- methylphenidate
- Concerta
- modafinil
- Adderall XR
- Provigil
- Nuvigil
- amphetamine
- dextroamphetamine
- Dexedrine

## Autism Therapy Services

In-Home ABA Services to Children w/ Autism Spectrum Disorder - Illinois



04/07/2015

## Before taking this medicine

Do not use Ritalin if you have taken an MAO inhibitor in the past 14 days. A dangerous drug interaction could occur. MAO inhibitors include isocarboxazid, linezolid, phenelzine, rasagiline, selegiline, and tranylcypromine.



You should not use Ritalin if you are allergic to methylphenidate or if you have:

- glaucoma;
- a personal or family history of tics (muscle twitches) or Tourette's syndrome; or
- severe anxiety, tension, or agitation (methylphenidate can make these symptoms worse).

Tell your doctor if you have any heart problems. Some stimulants have caused sudden death in people with serious heart problems or congenital heart defects.

Tell your doctor if you have:

- heart disease, heart rhythm disorder;
- coronary artery disease (hardened arteries); or
- history of heart attack.

To make sure Ritalin is safe for you, tell your doctor if you have:

- high blood pressure;
- a personal or family history of mental illness, psychotic disorder, bipolar illness, depression, or suicide attempt;
- peripheral vascular disease such as Raynaud's syndrome;
- epilepsy or other seizure disorder;
- tics (muscle twitches) or Tourette's syndrome;
- a stomach disorder; or
- a history of drug or alcohol addiction.

Ritalin may be habit forming. Never share this medicine with another person, especially someone with a history of drug abuse or addiction.

FDA pregnancy category C. It is not known whether Ritalin will harm an unborn baby. Tell your doctor if you are pregnant or plan to become pregnant while using this medication.

**See also:** [Pregnancy and breastfeeding warnings](#) (in more detail)

Methylphenidate can pass into breast milk and may harm a nursing baby. You should not breast-feed while using this medicine.

Long-term use of Ritalin can slow a child's growth. Tell your doctor if the child using this medication is not growing or gaining weight properly.

Do not give Ritalin to a child younger than 6 years old without a doctor's advice.

## 5) Foods To Never Eat



[perfectorigins.com/5BadFoods.php](http://perfectorigins.com/5BadFoods.php)

Here are 5 foods you should never eat if You want to lose belly fat.

[Drug's Adverse Effects](#)

[Top 3 ADHD](#)

[amphetamine/dextroamphetamine](#)

[Xyrem](#)

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## Ritalin (methylphenidate) Images



Ritalin (methylphenidate) 10 mg



Ritalin (methylphenidate) 5 mg

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News and Warnings related to this drug

FDA Medwatch Alerts for all Medications

News Roundup  Daily

## Related News and Articles

### [Prenatal Exposure to Pollutants May Spell Trouble for Kids](#) March 25, 2015

Exposure to common air pollutants before birth may make children more likely to have the symptoms of attention-deficit/hyperactivity disorder (ADHD) and other...

### [ADHD Children May Gain More From Family-Centered Care](#) March 23, 2015

For children with attention-deficit/hyperactivity disorder (ADHD), receiving more family-centered, compassionate care may be more effective than standard care,...

### [Can Fish Oil Help Boys With ADHD Pay Attention?](#)

March 19, 2015

Boys with attention-deficit/hyperactivity disorder may benefit from the omega-3 fatty acids found in fish and some vegetable oils, a small European study...

## Symptoms

### How should I take Ritalin?

Take Ritalin exactly as prescribed by your doctor. Follow all directions on your prescription label. Your doctor may occasionally change your dose to make sure you get the best results. Do not take this medicine in larger or smaller amounts or for longer than recommended.

Take Ritalin tablets at least 30 to 45 minutes before a meal. The extended-release forms of Ritalin can be taken with or without food.

Do not crush, chew, or break an extended-release Ritalin tablet. Swallow it whole. Breaking the tablet may cause too much of the drug to be released at one time.

You may open the extended-release capsule and sprinkle the medicine into a spoonful of pudding or applesauce to make swallowing easier. Swallow right away without chewing. Do not save the mixture for later use. Discard the empty capsule.

To prevent sleep problems, take this medication in the morning.

If you need surgery, tell the surgeon ahead of time that you are using Ritalin. You may need to stop using the medicine for a short time.

Store at room temperature away from moisture and heat.

Keep track of the amount of medicine used from each new bottle. Ritalin is a drug of abuse and you should be aware if anyone is using your medicine improperly or without a prescription.

### What happens if I miss a dose?

Take the missed dose as soon as you remember. Skip the missed dose if it is later than 6:00 p.m. Do not take extra medicine to make up the missed dose.

### What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222. An overdose of methylphenidate can be fatal.

### What should I avoid?

Ritalin may impair your thinking or reactions. Be careful if you drive or do anything that requires you to be alert.

Avoid drinking alcohol, especially if you take an extended-release tablet. Alcohol may cause the methylphenidate to be released from the tablet into the bloodstream too quickly.

## 3 Worst Foods for Thyroid



[medixselect.com](#)

The One Thing You Should Be Eating For Your Thyroid Every Morning.

## Homeopathic ADHD Remedy

## Chronic Back Pain Relief

### Ritalin side effects

Get emergency medical help if you have any of these signs of an allergic reaction to Ritalin: hives; difficulty breathing; swelling of your face, lips, tongue, or throat.

Stop taking Ritalin and call your doctor at once if you have:

- new or worsening symptoms such as mood swings, aggression, hostility, or changes in personality or behavior;
- panic, delusion, extreme fear, hallucinations, unusual behavior, motor tics (muscle twitches);
- chest pain, fast or slow heart rate, pounding heartbeats or fluttering in your chest, feeling like you might pass out;
- numbness, pain, cold feeling, unexplained wounds, or skin color changes (pale, red, or blue appearance) in your fingers or toes;
- sudden numbness or weakness (especially on one side of the body), sudden severe headache, slurred speech, problems with vision or balance;
- easy bruising, purple spots on your skin;
- fever, sore throat, and headache with a severe blistering, peeling, and red skin rash;
- penis erection that is painful or lasts 4 hours or longer (rare); or
- dangerously high blood pressure (severe headache, blurred vision, buzzing in your ears, anxiety, confusion, chest pain, shortness of breath, uneven heartbeats, seizure).

Common Ritalin side effects may include:

- feeling nervous or irritable, sleep problems (insomnia);
- loss of appetite, weight loss;
- headache, dizziness, drowsiness; or
- stomach pain, nausea, vomiting, upset stomach.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.


**See also:** [Side effects](#) (in more detail)

## What other drugs will affect Ritalin?

Tell your doctor about all medicines you use, and those you start or stop using during your treatment with Ritalin, especially:

- clonidine;
- guanethidine;
- a blood thinner such as warfarin, Coumadin;
- an antidepressant--amitriptyline, citalopram, doxepin, fluoxetine, nortriptyline, paroxetine, sertraline, and others;
- cold or allergy medicine that contains a decongestant;
- medications to treat high or low blood pressure;
- seizure medicine--phenobarbital, phenytoin, primidone; or
- stimulant medications or diet pills.

This list is not complete. Other drugs may interact with Ritalin, including prescription and over-the-counter medicines, vitamins, and herbal products. Not all possible interactions are listed in this medication guide.

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**Next Page** → [Side Effects](#)

## More about Ritalin (methylphenidate)

- [Side Effects](#)
- [During Pregnancy](#) or [Breastfeeding](#)
- [Dosage Information](#)
- [Drug Images](#)

- [Drug Interactions](#)
- [Support Group](#)
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- [66 Reviews](#) - [Add your own review/rating](#)
- [Generic Availability](#)

## Consumer resources

- [Ritalin](#)
- [Ritalin](#) (Advanced Reading)
- *Other brands:* [Concerta](#), [Daytrana](#), [Metadate CD](#), [Quillivant XR](#), [More \(3\)](#) »

## Professional resources

- [Ritalin](#) (FDA)
- [Methylphenidate Hydrochloride](#) (AHFS Monograph)

## Other formulations

- [Ritalin LA](#)
- [Ritalin-SR](#)

## Related treatment guides

- [ADHD](#)
- [Narcolepsy](#)

## Where can I get more information?

- Your pharmacist can provide more information about Ritalin.

## Treatment For Add Adhd

All the Information in One Place. Updated one minute ago



Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use Ritalin only for the indication prescribed.

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