



**REVIEWED**  
By Chris Tghe at 11:32 am, Jan 04, 2021

# Healthy Weight, Nutrition, and Physical Act

## Adult BMI Calculator

 COVID-19: Obesity and Excess Weight Increase Severe Illness F  
Disparities Persist

This calculator provides body mass index (BMI) and the corresponding BMI weight status older. For children and teens, 2 through 19 years, use the [BMI Calculator for Children and](#)

### Adult BMI Calculator

1. Height:

Feet

Inches

2. Weight:

Pounds

Calculate

Note: this calculator uses JavaScript. If you have JavaScript turned off or have problems formula for calculating BMI on [About BMI for Adults](#).

## Related Resources

- [What is BMI?](#)
- [How is BMI used?](#)
- [What are the BMI trends for adults in the United States?](#)
- [Why is BMI used to measure overweight and obesity?](#)
- [What are other ways to assess excess body fatness?](#)
- [How is BMI calculated?](#)
- [How is BMI interpreted for adults?](#)
- [Is BMI interpreted the same way for children and teens as it is for adults?](#)
- [How good is BMI as an indicator of body fatness?](#)
- [If an athlete or other person with a lot of muscle has a BMI over 25, is that person overweight?](#)
- [What are the health consequences of obesity for adults?](#)

## Share the Adult BMI Calculator Widget

A widget is an application that can be used by partners to display featured content directly on social media. Widgets can also be shared with friends.

BMI is a reliable indicator of body fatness for most people. It is used to screen for weight-related health problems. Including this widget on your application will allow people to calculate their corresponding weight category. It also provides information on what BMI is.

Adding the code below to your web site will generate the widget.

## BMI For Adults Widget

**Body Mass Index (BMI)**  
**Calculator for Adults**

[Calculator](#) [What is BMI?](#)

**Calculate Your BMI**  
English | [Metric](#)

**Height:**  
 feet  inch(es)

**Weight:**  
 pounds  
(8 ounces = .5 pounds)

[Calculate](#)

[Info](#)  
[Grab This Widget](#)

Copy the code below for this widget

```
<h3>BMI For Adults Widget</h3><br /><br /><br /><p><iframe src='https://www.cdc.gov /healthyweight/assessing/adult- widget/iframe.html' frameborder='0' style='border: none;' width='170' height='395'>Please upgrade to web browser that supports iframes to see
```