



American Diabetes Association
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1-800-DIABETES (800-342-2383)

Complications



Diabetes increases your risk for many serious health problems. The good news? With the correct treatment and recommended lifestyle changes, many people with diabetes are able to prevent or delay the onset of complications.



(<http://www.diabetes.org/living-with-diabetes/complications/skin-complications.html>)

Skin Complications

(<http://www.diabetes.org/living-with-diabetes/complications/skin-complications.html>)

Stay alert for symptoms of skin infections and other skin disorders common in people with diabetes.



(<http://www.diabetes.org/living-with-diabetes/complications/eye-complications/>)

Eye Complications

(<http://www.diabetes.org/living-with-diabetes/complications/eye-complications/>)

Keep your risk of glaucoma, cataracts and other eye problems low with regular checkups.



(<http://www.diabetes.org/living-with-diabetes/complications/neuropathy/>)

Neuropathy (<http://www.diabetes.org/living-with-diabetes/complications/neuropathy/>)

Nerve damage from diabetes is called diabetic neuropathy (new-ROP-uh-thee). About half of all people with diabetes have some form of nerve damage.

Explore: Complications

Foot Complications (<http://www.diabetes.org/living-with-diabetes/complications/foot-complications/>)

Learn about neuropathy (which can cause numbness in the feet) as well as other complications.

DKA (Ketoacidosis) & Ketones (<http://www.diabetes.org/living-with-diabetes/complications/ketoacidosis-dka.html>)

Know the warning signs of DKA and check urine for ketones, especially when you're sick.

Kidney Disease (Nephropathy) (<http://www.diabetes.org/living-with-diabetes/complications/kidney-disease-nephropathy.html>)

Keep your diabetes and blood pressure under control to lower the chance of getting kidney disease.

High Blood Pressure (<http://www.diabetes.org/living-with-diabetes/complications/high-blood-pressure-hypertension.html>)

High blood pressure—also called hypertension—raises your risk for heart attack, stroke, eye problems, and kidney disease.

Stroke (<http://www.diabetes.org/living-with-diabetes/complications/stroke.html>)

Maintain target levels for blood glucose, blood pressure, and cholesterol to reduce your risk of stroke.

HHNS (<http://www.diabetes.org/living-with-diabetes/complications/hyperosmolar-hyperglycemic.html>)

HHNS is a serious condition most frequently seen in older persons. It is usually brought on by something else, such as an illness or infection.

Gastroparesis (<http://www.diabetes.org/living-with-diabetes/complications/gastroparesis.html>)

Get treatment to help you manage gastroparesis, so that you can be as healthy and comfortable as possible.



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