

Neural Foraminal Stenosis Definition

PAIN TOPICS

[Back Surgery](#)
[Chiropractic](#)
[Degenerative Disc Disease](#)
[Exercise/Fitness](#)
[Herniated Disc](#)
[Lower Back Pain](#)
[Neck Pain](#)
[Osteoporosis / Fracture](#)
[Sacroiliac Joint Pain](#)
[Sciatica](#)
[Spinal Fusion](#)
[Spinal Stenosis](#)
[Spinal Tumor](#)
[Upper Back Pain](#)
[Find a Back Doctor](#)
[Find a Chiropractor](#)
[All Pain Topics A - Z](#)
[Image Gallery](#)
[Pain & Surgery Forums](#)

Neural foraminal stenosis refers to compression of a spinal nerve as it leaves the spinal canal through the foramen (the opening between the vertebrae through which spinal nerve roots travel and exit to other parts of the body). Neural foraminal stenosis may occur in either the lower back (lumbar spine) or the neck (cervical spine), and be caused by an [osteophyte](#), a foraminal herniated disc, or collapse of the disc space.

Related Definitions

[Bilateral Foraminal Stenosis](#)
[Cervical Stenosis](#)
[Foraminal Stenosis](#)


[Sciatica Exercises for Degenerative Disc Disease Video](#)



[Sciatica Exercises for Piriformis Syndrome Video](#)



[Sciatica Exercises for Spinal Stenosis Video](#)




[3 Things You Need to Know About Lumbar Degenerative Disc Disease](#)



[Electrotherapy: The Lower Back Pain Treatment You've Never Heard Of](#)

advertisement



Find a Doctor

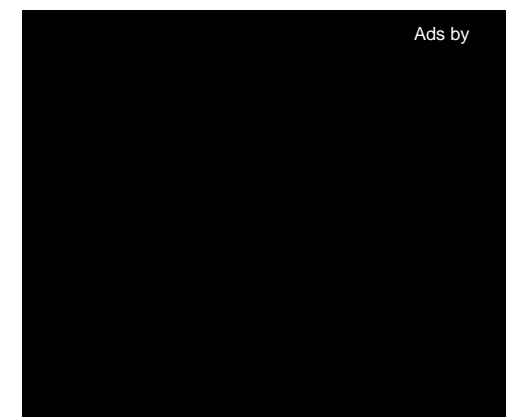
Physician/Surgeon (MD or DO)

Find a Spine Center

Back and Neck Pain is the number 2 reason Americans go to the doctor

Find out what you can do about your pain.

advertisement



Ads by

STRUGGLING WITH PAIN?
ICE THERAPY CAN HELP
WATCH OUR NEW VIDEO

Access is FREE when you subscribe to our free eNewsletter!

SUBSCRIBE

Health Information (Sponsored)

- [Relief from Spinal Stenosis](#)
- [Considering Epidural Steroid Injections](#)
- [Scoliosis and Complex Revision Surgery](#)
- [SCS for Chronic Back Pain](#)
- [Best Mattress For Easing Back Pain](#)

[□ Sacroiliac Joint Disorders](#)

[□ Advantages of Artificial Disc Replacement](#)

[□ Cervical Spine Treatment Options](#)

[□ Endoscopic Spine Surgery Guide](#)

[□ Artificial Disc Replacement and Fusion Surgery](#)

Back Pain Resources

[Back Conditions A-Z](#)

[Clinical Trials](#)

[Doctor Advice](#)

[Education Centers](#)

[Image Gallery](#)

[Spine Health Glossary](#)

[En Español](#)

[Find a Back Doctor](#)

[Medical Partners](#)

[Find a Spine Center](#)

[For Spine Professionals](#)

[Become a Doctor Member](#)

About Spine-health

[About Us](#)

[Contact Us](#)

[Awards](#)

[Careers](#)

[Site Map](#)

[Privacy Policy](#)

[Terms of Use](#)

[Advertising](#)

[Sponsor Policy](#)

Other Veritas Health Websites:

[Arthritis-health](#)

[Sports-health](#)

[Osteoporosis-health](#)

[View site: Desktop | Mobile](#)

Spine-health publishes original articles written for patients by over 100 physician authors and peer-reviewed by a 17 member Medical Advisory Board. This trusted, independent site is supported by hundreds of physician members and visited by millions of patients and their physicians.

The information in Spine-health.com is not intended as a substitute for medical professional help or advice but is to be used only as an aid in understanding back pain.

© 1999-2017 Veritashealth.com. All rights reserved.

version.6.00.000-6.00.000