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## Quick Links

[Find a Senior Center](#)

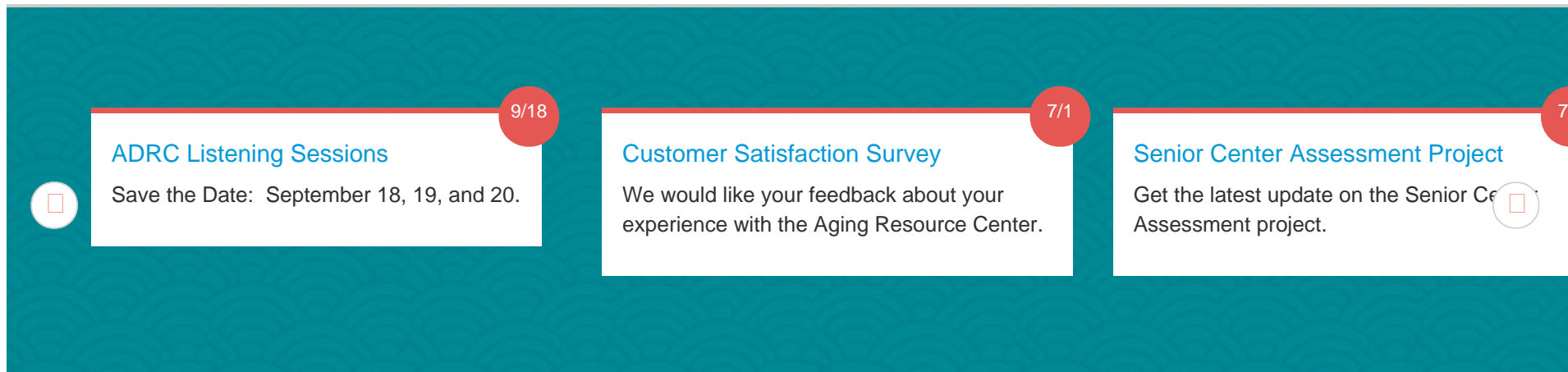
[Download Brochures](#)

[Schedule a Meal](#)

[Register for Meals on Wheels](#)

[Learn About Long Term Care](#)

[Find Transportation](#)



**ADRC Listening Sessions** 9/18  
Save the Date: September 18, 19, and 20.

**Customer Satisfaction Survey** 7/1  
We would like your feedback about your experience with the Aging Resource Center.

**Senior Center Assessment Project** 7/1  
Get the latest update on the Senior Center Assessment project.

## Transportation

Transportation can be one of the biggest challenges as individuals age. There are a variety of transportation options available in Milwaukee County to serve older adults. For more details on these programs, check out the links below or view our [Transportation Guide](#).

- GO Pass**

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- Transit Express**

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- Transit Plus**

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- Veterans**

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- Volunteer Drivers**

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Check out the fun things happening at your local Senior Center!



## Call Us Anytime

Our friendly, knowledgeable social workers will answer questions and connect you with a wide array of resources by phone at **(414) 289-6874**. Resource Center staff can also make referrals for services such as counseling for long-term support, caregiver respite, transportation, Meals on Wheels and other community-based services. After hours calls will be answered by [Impact 2-1-1](#).

[Call Us Today](#)

## Health & Wellness Workshops

The Milwaukee County Department on Aging is committed to improving the health and wellness of older adults in Milwaukee County. Together with our community partners, we offer wellness and prevention programs that promote healthy living. Click the workshops below for upcoming dates and times or call [\(414\) 289-6352](#) for more information.

**Stepping On: Fall Prevention Program**

**Living Well With Chronic Conditions**

**Powerful Tools for Caregivers**

**Healthy Living with Diabetes**

**Vivir Saludable Con Diabetes**



## Caregiver Support

We fund the Family Caregiver Support Network managed by Interfaith Older Adult Programs. The Family Caregiver Support Network seeks to help family caregivers by offering information, education and support services to assist caregivers of older adults as well as older adults caring for grandchildren or children with disabilities. They offer counseling, training and resources for caregivers.

[Learn More](#)

### Respite Care

Taking care of a loved one is important and can be fulfilling, but it can also be exhausting. It is important that caregivers take an occasional break for rest. Respite care is temporary care of your loved one so that you, the caregiver, can get a short period to recharge. Funding may be available to help cover the cost of respite care. Call [\(414\) 220-8600](tel:414-220-8600) to learn if you are eligible.

[Find Support Groups](#)

## Need Legal Assistance?

SeniorLAW provides free legal information, legal assistance and benefits specialists to older adults in Milwaukee County. Contact us for more information.

[SeniorLAW](#)

## Elder Abuse

The Milwaukee County Department on Aging has an Elder Abuse Unit that investigates allegations of financial exploitation, neglect, self-neglect, emotional abuse, and physical abuse of adults age 60 and over. The Elder Abuse unit is not a crisis response unit. If this is an emergency, call 911 or contact your local law enforcement.

### How to Report Abuse

You can call our specialists at (414) 289-6874, Monday through Friday from 7 a.m. to 5 p.m. After hours calls are routed to Impact 2-1-1, our 24-hour answering service, and forwarded to our staff the next business day.

All referrals are kept **anonymous**.

[Call to Report Abuse](#)

### Types of Elder Abuse

- Financial Exploitation
- Neglect
- Self-Neglect
- Physical Abuse
- Emotional Abuse
- Sexual Abuse

## Emergency Planning

How well you will take care of yourself and your family in an emergency depends on planning and preparation. Everyone has different needs and abilities, especially older adults. You can take steps to ensure that you will be safe and as comfortable as possible in an emergency. Learn more in our [Guide to Emergency Planning](#).

## Things to Consider

- Do you and your family have a plan for an emergency?
- Will you have food, water and essentials in case you can't get out of your home?
- Do you have a relocation plan in case you are told to leave your home and seek shelter elsewhere?

## It's Easy

1. Stay Informed
2. Have a Plan
3. Keep a Kit

[Personal Emergency Info Card](#)

[Senior Safety Booklet](#)

## Preparing Makes Sense for Older Americans



## MILWAUKEE COUNTY DEPARTMENT ON AGING

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Toll Free: 1-866-229-9695  
Fax: (414) 289-5797  
TRS: 711  
Email



## Connect

- Aging News
- Resource Center Database
- Brochures

## Services

- Transportation
- Meals on Wheels
- Wellness Programs

## Mission

Committed to the Independence and Dignity of Older Adults Through Advocacy, Leadership and Service



### ACCESS

- [Legislative Calendar](#)
- [RFPs](#)
- [Careers](#)
- [Former County Employees](#)

Empowering People. Strengthening Community.

Established in 1835, Milwaukee County is home to more than 950,000 residents and is the hub of the 37th largest regional economy in the United States.

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County Executive Board of Supervisors  
[View All Social Media](#)

### CONNECT

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