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SHOULDER ARTHRITIS DEBRIDEMENT

LEARN MORE ABOUT THE SHOULDER DEBRIDEMENT

Shoulder arthritis debridement overview

This minimally-invasive shoulder surgery is used to remove tissue in the shoulder joint that has been damaged from arthritis, overuse or injury. The shoulder surgeon uses a small camera, called an arthroscope, which is inserted into the shoulder joint.

Flow of the shoulder arthritis debridement surgery

Preparation for the shoulder debridement

The patient is positioned so that the shoulder is clearly visible to the surgeon and the area is cleaned and sterilized. Local anesthesia is administered to numb the injection site and a sedative is provided to relax the patient. General anesthesia may sometimes be used.

Accessing the shoulder

The surgeon creates a series of small incisions around the shoulder and inserts an arthroscopic camera and other tools. The camera allows the surgeon to view the procedure on a monitor.

Examining the joint

The surgeon injects fluid into the space around the shoulder socket to expand the joint and provide a clear view. The surgeon carefully examines the joint, to look for signs of damage. Once the shoulder has been diagnosed the shoulder surgeon may use one or more of the arthroscopic tools to repair any damage.

Repairing the damage

Bone spurs may be filed down and loose or damaged cartilage may be removed.

End of the shoulder arthritis debridement

The incisions are closed with sutures or surgical staples. The shoulder is bandaged. The patient would be given pain relievers and should be able to leave the hospital within a day.

Real Patient Reviews

AUGUST 4, 2016



"Dr. Tehrany is a fantastic surgeon and a very nice man with a great attitude and a true concern for his patients."

Steve Altini - Shoulder Repair Surgery

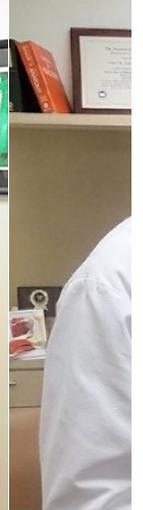
MAY 9, 2017



"I have nothing but positive things to say about my surgical experience with Dr. Tehrany"

Maryna Ibrava-Coluzzi - Shoulder Arthroscopy & SLAP Repair

FEBRUARY 2,



"After the actually ju

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Steve Altini after shoulder repair surgery:
"I would recommend Dr. Tehrany 100% to anyone!"

"Wonderful doctor and very friendly staff," says Maryna after the SLAP repair and Subacromial Decompression

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[Glenoid Labrum Tear \(/glenoid-labrum-tear/\)](#)

[Shoulder Osteoarthritis \(/shoulder-osteoarthritis/\)](#)

[Rotator Cuff Injuries \(/rotator-cuff-injuries/\)](#)

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MOC is a New York orthopedic practice that specializes in knee and shoulder conditions and offers the highest quality orthopedic treatment solutions.

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- [Stephan D. Bouskila, P.A.-C. \(/stephan-d-bouskila-p-a-c/\)](/stephan-d-bouskila-p-a-c/)
- [Timothy S. Lopresti, P.A.-C \(https://www.mocnyc.com/timothy-s-lopresti-p-c/\)](https://www.mocnyc.com/timothy-s-lopresti-p-c/)
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