https://www.mayoclinic.org/tests-procedures/vertebroplasty/about/pac-2...



Overview

Vertebroplasty is an outpatient procedure for stabilizing compression fractures in the spine. Bone cement is injected into back bones (vertebrae) that have cracked or broken, often because of osteoporosis. The cement hardens, stabilizing the fractures and supporting your spine.

For people with severe, disabling pain caused by a compression fracture, vertebroplasty can relieve pain, increase mobility and reduce the use of pain medication.



Print

Vertebroplasty procedure

In vertebroplasty, bone cement is injected into fractured vertebrae to stabilize the spine and relieve pain.

Kyphoplasty is similar to vertebroplasty, but uses special balloons to create spaces within the vertebra that are then filled with bone cement. Kyphoplasty can correct spinal deformity and restore lost height.

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