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# Rheumatoid Arthritis Overview

Do you or a loved one have RA? Learn all you can about RA, including RA causes, triggers, and how you can prevent worsening of this disease.

## Rheumatoid Arthritis (RA) Basics

### Rheumatoid Arthritis (RA) Overview

Learn all about rheumatoid arthritis, including the causes, symptoms, and treatment.

### A Visual Guide to RA

RA is an autoimmune disorder that causes inflammation of the lining of the joints. The body tissue is mistakenly attacked by its own immune system.

### Juvenile Rheumatoid Arthritis (JRA) Explained

Think your child might have JRA? Learn about the symptoms and when to call the doctor.

### Rheumatoid Arthritis (RA) Causes & Risk Factors

Learn how genetics, gender, and other factors increase the chances of developing RA.

## Rheumatoid Arthritis: Overview & Facts



**VIDEO**  
Video on Stretches for Stiff RA Joints



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Hand and Finger RA: Finger Joint Pain and Inflammation



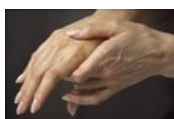
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Prevent Joint Damage From Rheumatoid Arthritis

## TOOLS & RESOURCES

Progression of Rheumatoid Arthritis

Rheumatoid Arthritis Drug Guide: Types of Drugs, Uses, Side Effects

Foods That Help Your Heart and Your RA

Why Are My RA Symptoms Getting Worse?

Popular Diets and Your RA

Video on Stretches for Stiff RA Joints

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### Hand & Finger RA

Find out about symptoms and treatments of hand and finger RA, including an explanation of swan-neck deformity and boutonniere deformity.

### RA of the Knee

Rheumatoid arthritis of the knee causes the joints to become tender, warm, and swollen. Although knee osteoarthritis causes pain and stiffness, joint pain with knee RA is more severe.

### RA of the Hip

Symptoms of hip arthritis may occur later than those from RA affecting smaller joints.

### Signs of Joint Damage From RA

Learn how to find out if your RA is active and how you can prevent joint damage.

- Men's Health
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#### TOP PICKS

## Treating RA With Biologics

## Is Your RA Under Control?

## How to Deal With RA Fatigue

## Avoid These 6 RA Mistakes

## Can Your Diet Help Your RA?

## Myths and Facts About RA

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