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# **Treatment Options**

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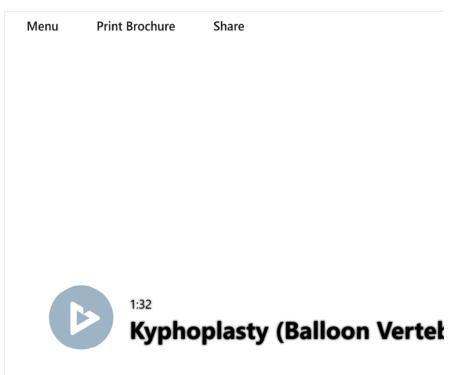
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# **Kyphoplasty**

Kyphoplasty is a minimally invasive procedure that is performed to restor stabilize the bone. It is most commonly used to treat spinal fractures cau (thinning of the bones) or trauma, and is typically more successful at relie performed within two months of the fracture. Spinal fractures can cause untreated, and kyphoplasty may be recommended if more conservative medications have been unsuccessful at resolving symptoms.

Kyphoplasty specifically involves creating space within the vertebra and cement into the bone through a balloon-like device.



## Procedure

During this minimally invasive procedure, the surgeon makes a very sma is under general anesthesia and inserts a narrow tube to reach the fract

Using a special X-ray for guidance, the surgeon then inserts a tiny balloc back into the correct position before filling the cavity that is created with The incision is closed after the instruments are removed, and the procec Spinal Fusion for Severe Back Pain (/spinal-fusion-for-severe-back-pain/)

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#### About Us

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Meet the Spine Center Team (/surgeons-and-pain-specialists/)

**Recovery and Physical Therapy** 

Kyphoplasty is usually an outpatient procedure, and most patients are di the next day, depending upon the number of vertebrae treated. Some p relief and there is usually minimal pain at the incision site.

Because the procedure is minimally invasive, there are numerous post-o open surgery: a quicker recovery time, less pain, a lower risk of infection mobility. Walking is encouraged the same day of surgery, and normal act within a few days. Patients are encouraged to avoid heavy lifting and stre following surgery.

## Contact Us

#### Contact Us

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