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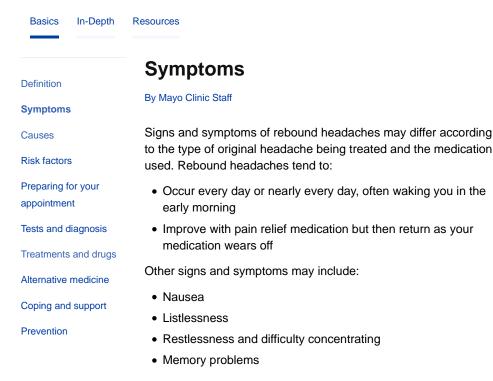
### **Appointments at Mayo Clinic**

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**Diseases and Conditions** 

# **Rebound headaches**



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Irritability

### When to see a doctor

Occasional headaches are common. But it's important to take your headaches seriously. Some types of headaches can be life-threatening.

#### Seek immediate medical care if your headache:

- Is sudden and severe
- Accompanies a fever, stiff neck, rash, confusion, seizure, double vision, weakness, numbness or difficulty speaking
- Follows a head injury
- Gets worse despite rest and pain medication
- Is a new type in someone older than 50
- · Wakes you from sleep

### Consult your doctor if:

References

- You usually have two or more headaches a week
- You take a pain reliever for your headaches more than twice a week
- You need more than the recommended dose of over-thecounter pain remedies to relieve your headaches
- Your headache pattern changes
- · Your headaches are getting worse

Definition Causes

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