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Symptoms

By Mayo Clinic Staff

Signs and symptoms of rebound headaches may differ according to the type of original headache being treated and the medication used. Rebound headaches tend to:

- Occur every day or nearly every day, often waking you in the early morning
- Improve with pain relief medication but then return as your medication wears off

Other signs and symptoms may include:

- Nausea
- Listlessness
- Restlessness and difficulty concentrating
- Memory problems

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Products and services

Important research funding update:
Killing Cancer

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What is your weight-loss goal?

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- Irritability

When to see a doctor

Occasional headaches are common. But it's important to take your headaches seriously. Some types of headaches can be life-threatening.

Seek immediate medical care if your headache:

- Is sudden and severe
- Accompanies a fever, stiff neck, rash, confusion, seizure, double vision, weakness, numbness or difficulty speaking
- Follows a head injury
- Gets worse despite rest and pain medication
- Is a new type in someone older than 50
- Wakes you from sleep

Consult your doctor if:

- You usually have two or more headaches a week
- You take a pain reliever for your headaches more than twice a week
- You need more than the recommended dose of over-the-counter pain remedies to relieve your headaches
- Your headache pattern changes
- Your headaches are getting worse

Definition

Causes

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