Rebound headaches Symptoms - Diseases and Conditions - Mayo Clinic

Symptoms

By Mayo Clinic Staff

Signs and symptoms of rebound headaches may differ according to the type of original headache being treated and the medication used. Rebound headaches tend to:

- Occur every day or nearly every day, often waking you in the early morning
- Improve with pain relief medication but then return as your medication wears off

Other signs and symptoms may include:

- Nausea
- Listlessness
- Restlessness and difficulty concentrating
- Memory problems
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**When to see a doctor**

Occasional headaches are common. But it's important to take your headaches seriously. Some types of headaches can be life-threatening.

**Seek immediate medical care** if your headache:

- Is sudden and severe
- Accompanies a fever, stiff neck, rash, confusion, seizure, double vision, weakness, numbness or difficulty speaking
- Follows a head injury
- Gets worse despite rest and pain medication
- Is a new type in someone older than 50
- Wakes you from sleep

**Consult your doctor** if:

- You usually have two or more headaches a week
- You take a pain reliever for your headaches more than twice a week
- You need more than the recommended dose of over-the-counter pain remedies to relieve your headaches
- Your headache pattern changes
- Your headaches are getting worse

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**Definition**

- Irritability

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**Causes**

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**References**

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