Visited 04/01/2015



Search Mayo Clinic

Request an Appointment Find a Doctor Find a Job Give Now

Log in to Patient Account **Translated Content**

PATIENT CARE & HEALTH INFO

DEPARTMENTS & CENTERS

RESEARCH

EDUCATION

FOR MEDICAL **PROFESSIONALS** PRODUCTS & SERVICES

GIVING TO MAYO CLINIC

Print

Appointments at Mayo Clinic

Mayo Clinic offers appointments in Arizona, Florida and Minnesota and at Mayo Clinic Health System locations.

Request Appointment

Diseases and Conditions

Products and services

Peripheral neuropathy

Basics Care at	Mayo Clinic In-Dep	th Expert Answers	Expert Blog	Multimedia	Resources	News From Mayo Clinic
Definition	Causes By Mayo Clinic					Advertisement
A number of factors can cause neuropathies, including:				Pain Management		
Risk factors Complications		sm. Poor dietary made by alcoholics	Advisor Subscribe to our Pain Management Advisor e-newsletter for tips to manage			
Preparing for your appointment	deficienc					
Tests and diagnosis	These in	Autoimmune diseases. These include Sjogren's syndrome lugus Sign up now				
Treatments and drug Lifestyle and home	rheumato	syndrome, lupus, rheumatoid arthritis, Guillain-Barre syndrome,				
remedies Alternative medicine	chronic i	chronic inflammatory demyelinating polyneuropathy and necrotizing vasculitis.				
Prevention	• Diabetes	Diabetes. More than half of people with diabetes develop				

some type of neuropathy.

- Exposure to poisons. Toxic substances include heavy metals or chemicals.
- Medications. Certain medications, especially those used to treat cancer (chemotherapy), may cause peripheral neuropathy.
- Infections. These include certain viral or bacterial infections, including Lyme disease, shingles (varicella-zoster), Epstein-Barr virus, hepatitis C, leprosy, diphtheria and HIV.
- Inherited disorders. Disorders such as Charcot-Marie-Tooth disease are hereditary types of neuropathy.
- Trauma or pressure on the nerve. Traumas, such as motor vehicle accidents, falls or sports injuries, can sever or damage peripheral nerves. Nerve pressure can result from having a cast or using crutches or repeating a motion many times, such

rofit organization. dvertising help o Clinic does not icts and services.

Advertising & Sponsorship

Policy Opportunities

Mayo Clinic Store

Check out these best-sellers and special offers on books and newsletters from Mayo Clinic.

Try Mayo Clinic Health Letter FREE!

Practical answers to live stronger, longer and healthier at any age

Control fibromyalgia with a three-step action plan

Mayo Clinic on Better Hearing and Balance

The Mayo Clinic Diet Online — Eat well.

4/1/2015 9:42 AM 1 of 3

Visited 04/01/2015



as typing.

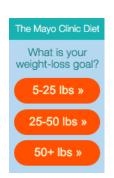
- Tumors. Growths, cancerous (malignant) and noncancerous (benign), can develop on the nerves themselves or they can put pressure on surrounding nerves.
- Vitamin deficiencies. B vitamins, including B-1, B-6 and B-12, vitamin E and niacin are crucial to nerve health.
- Bone marrow disorders. These include abnormal protein in the blood (monoclonal gammopathies), a form of bone cancer (osteosclerotic myeloma), lymphoma and amyloidosis.
- Other diseases. These include kidney disease, liver disease, connective tissue disorders and an underactive thyroid (hypothyroidism).

Symptoms Risk factors

Share Tweet

Dec. 02, 2014

References



Mayo Clinic is a not-for-profit organization. Make a difference today.

Learn more

Enjoy life. Lose weight.

Ads by Google

Cute Plus Size Clothing

zulily.com

Up to 70% Off On Plus Size Dresses & Accessories. Shop Now!

Walk-In Tubs For Disabled

safesteptub.com/Free-Estimates

Specially Designed Tubs To Minimize Risk & Meet Your Needs. Call Today!

Urinary Problem Solutions

ask.com/Urinary-Problems

Search Urinary Problems Symptoms, Treatments, Prevention on Ask.com!

2015 CNA Classes Near You

campusexplorer.com/Nursing

Take Nursing Assistant Classes Local or Online - Start Next Month!



Products and Services

1. Book: Mayo Clinic Guide to Pain Relief

BEST HOSPITALS USNEWS HONGER HOSPITALS

See also

Diabetic neuropathy

Hypothyroidism: Can it cause peripheral neuropathy?

Other Topics in Patient Care & Health Info

2 of 3 4/1/2015 9:42 AM