

Visited 11/30/2016



Search Mayo Clinic



Request an Appointment
Find a Doctor
Find a Job
Give Now

Log in to Patient Account
Translated Content

PATIENT CARE &
HEALTH INFO

DEPARTMENTS &
CENTERS

RESEARCH

EDUCATION

FOR MEDICAL
PROFESSIONALS

PRODUCTS &
SERVICES

GIVING TO
MAYO CLINIC

Appointments at Mayo Clinic

Mayo Clinic offers appointments in Arizona, Florida and Minnesota and at Mayo Clinic Health System locations.

[Request Appointment](#)

Tests and Procedures

Spirometry

[Basics](#) [In-Depth](#) [Multimedia](#) [Resources](#) [News From Mayo Clinic](#)

Definition

[Why it's done](#)

[Risks](#)

[How you prepare](#)

[What you can expect](#)

[Results](#)

[Products and services](#)

Help Mayo Clinic find new cures!

Mayo Clinic is at the forefront of finding cures for so many diseases. But we need your help.

[Give Today >](#)

Definition

By Mayo Clinic Staff

Spirometry (spy-ROM-uh-tree) is a common office test used to assess how well your lungs work by measuring how much air you inhale, how much you exhale and how quickly you exhale.

Spirometry is used to diagnose asthma, chronic obstructive pulmonary disease (COPD) and other conditions that affect breathing. Spirometry may also be used periodically to check whether a treatment for a chronic lung condition is helping you breathe better.

Mayo Clinic in Minnesota has been recognized as the best Pulmonology hospital in the nation for 2016-2017 by U.S. News & World Report.

[Learn more about this top honor](#)

Mayo Clinic in Minnesota has been recognized as the best Pulmonology hospital in the nation for 2016-2017 by U.S. News & World Report.

[Learn more about this top honor](#)

[Why it's done](#)

Advertisement

IMPORTANT SAFETY INFORMATION

Prescription Enbrel® (etanercept) is taken by injection.
IMPORTANT SAFETY INFORMATION AND INDICATIONS
What is the most important information I should know about ENBREL?

Free E-newsletter

Subscribe to
Housecall

Mayo Clinic does not endorse commercial products or companies.

Visited 11/30/2016

Our general interest e-newsletter keeps you up to date on a wide variety of health topics.

[Sign up now](#)

[Share](#)

[Tweet](#)

July 11, 2014

[References](#)

See also

- [Albuterol side effects](#)
- [Allergies and asthma](#)
- [Asthma](#)
- [Asthma and acid reflux](#)
- [Asthma attack](#)
- [Asthma diet](#)
- [Asthma-friendly products](#)

[Show more](#)

or products. Advertising revenue supports our not-for-profit mission.

Advertising & Sponsorship

[Policy](#) | [Opportunities](#)

Mayo Clinic Store

Check out these best-sellers and special offers on books and newsletters from Mayo Clinic.

[Mayo Clinic A to Z Health Guide](#)

[Recipes for Healthy Living](#)

[The Menopause Solution — NEW!](#)

[Diabetes Diet Book & Journal Combo](#)

[Guide to Stress-Free Living](#)

Ads by Google

Chronic Migraine (

How Is Chronic Migraine Impacting You? Take the Quiz and Find Out.

www.MyChronicMigraine.com

Other Topics in Patient Care & Health Info

Visited 11/30/2016

[Home](#) [Tests & Procedures](#) [Spirometry](#) [Basics](#) [Definition](#)

PRC-21

[REQUEST APPOINTMENT](#)[GIVE NOW](#)[CONTACT US](#)[ABOUT MAYO CLINIC](#)[EMPLOYEES](#)[SITE MAP](#)[ABOUT THIS SITE](#)

Any use of this site constitutes your agreement to the [Terms and Conditions](#) and [Privacy Policy](#) linked below.

[Terms and Conditions](#)[Privacy Policy](#)[Notice of Privacy Practices](#)[Notice of Nondiscrimination](#)

A single copy of these materials may be reprinted for noncommercial personal use only. "Mayo," "Mayo Clinic," "MayoClinic.org," "Mayo Clinic Healthy Living," and the triple-shield Mayo Clinic logo are trademarks of Mayo Foundation for Medical Education and Research.



We comply with the [HONcode s](#) for [trustworthy health informatio](#) [here](#).

© 1998-2016 Mayo Foundation for Medical Education and Research. All rights reserved.