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## The Depression Treatment Device

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# Adderall

GENERIC NAME(S): Dextroamphetamine-Amphetamine

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## Uses

This combination [medication](#) is used to treat [attention deficit hyperactivity disorder - ADHD](#). It works by changing the amounts of certain natural substances in the [brain](#). [Amphetamine/dextroamphetamine](#) belongs to a class of drugs known as stimulants. It can help increase your ability to pay attention, stay focused on an activity, and control behavior problems. It may also help you to organize your tasks and improve listening skills.

This drug is also used to treat a certain sleeping disorder ([narcolepsy](#)) to help you stay awake during the day. It should not be used to treat tiredness or to hold off [sleep](#) in people who [do not](#) have a [sleep disorder](#).

## How to use Adderall

Read the [Medication Guide](#) provided by your [pharmacist](#) before you start taking [amphetamine/dextroamphetamine](#) and each time you get a refill. If you have any questions, ask your doctor or pharmacist.

Take this medication by [mouth](#) with or without food as directed by your doctor, usually 1 to 3 times a day. The first dose is usually taken when you wake up in the morning. If more doses are prescribed, take them as directed by your doctor, usually 4-6 hours apart. Taking this medication late in the day may cause [trouble sleeping \(insomnia\)](#).

The dosage is based on your medical condition and response to treatment. Your doctor may adjust your dose to find the dose that is best for you. Follow your doctor's instructions carefully.

Use this medication regularly to get the most benefit from it. To help you remember, take it at the same time(s) each day.

During treatment, your doctor may occasionally recommend stopping the medication for a short time to see whether there are any changes in your behavior and whether the medication is still needed.

This medication may cause withdrawal reactions, especially if it has been used regularly for a long time or in high doses. In such cases, withdrawal symptoms (including severe tiredness, [sleep](#) problems, mental/mood changes such as [depression](#)) may occur if you suddenly stop using this medication. To prevent withdrawal reactions, your doctor may reduce your dose gradually. Consult your doctor or pharmacist for more details, and report any withdrawal reactions right away.

Though it helps many people, this medication may sometimes cause [addiction](#). This risk may be higher if you have a substance use disorder (such as overuse of or addiction to drugs/alcohol). [Do](#) not increase your dose, take it more often, or use it for a longer time than prescribed. Properly stop the medication when so directed.

When this medication is used for a long time, it may not work as well. Talk with your doctor if this medication stops working well.

Tell your doctor if your condition does not improve or if it worsens.

### **Related Links**

[What conditions does Adderall treat?](#)

**Next: [Side Effects](#) >**

### **More Resources for Adderall oral**

- [Check Interactions](#) >
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