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What You Need to Know

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Home → Conditions → High Blood Pressure → Benicar

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## Benicar 🔊

Generic Name: [olmesartan](#) (OL me SAR tan)

Brand Names: *Benicar*

- Overview**
- Side Effects
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## What is Benicar?

Benicar (olmesartan) is an angiotensin II receptor antagonist. Olmesartan keeps [blood](#) vessels from narrowing, which lowers blood pressure and improves blood flow.

Benicar is used to treat high blood pressure (hypertension) in [adults](#) and children who are at least 6 years old. It is sometimes given together with other blood pressure medications.

Benicar may also be used for purposes not listed in this medication guide.

## Important information

Stop using Benicar and tell your doctor right away if you become pregnant. Benicar can cause injury or death to the unborn baby if you take the medicine during your second or third trimester.

If you [have diabetes](#), do not use Benicar together with any medication that contains aliskiren (Amturnide, Tekturna, Tekamlo, Valturna).

## Before taking this medicine

You should not take Benicar if you are allergic to olmesartan.

If you have [diabetes](#), do not use Benicar together with any medication that contains aliskiren (Amturnide, Tekturna, Tekamlo,

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## 1 tip of a tiny belly



**Cut down a bit of your belly every day by simply using this 1 weird old tip.**

▶ Tip

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Grapefruit and grapefruit juice can react adversely with

## Related Information

- Rx **Availability**  
Prescription only
- D **Pregnancy Category**  
Positive evidence of risk
- N/A **CSA Schedule**  
Not a controlled drug
- 📅 **Approval History**  
Drug history at FDA

## Harvard Health Publications

Related: [High Blood Pressure \(Hypertension\)](#)

## Reviews

**72 User Reviews**

## Average User Rating

**8.2** Rate it!

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## Manufacturer

[Daiichi Sankyo](#)

## Drug Class

[Angiotensin II inhibitors](#)

## Related Drugs

- [High Blood Pressure](#)
- [lisinopril](#)
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- [amlodipine](#)
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05/13/14



Valturna).

You may also need to avoid taking this medicine with aliskiren if you have kidney disease.

To make sure you can safely take Benicar, tell your doctor if you have any of these other conditions:

- liver disease;
- congestive heart failure; or
- if you are dehydrated.

FDA pregnancy category D. Do not use Benicar if you are pregnant. Stop using this medicine and tell your doctor right away if you become pregnant. Benicar can cause injury or death to the unborn baby if you take the medicine during your second or third trimester. Use effective birth control while taking this medicine.

**See also:** [Pregnancy and breastfeeding warnings](#) (in more detail)

It is not known whether olmesartan passes into breast milk or if it could harm a [nursing](#) baby. You should not breast-feed while you are taking Benicar.

## 5) Foods To Never Eat



[perfectorigins.com/5Foods.php](http://perfectorigins.com/5Foods.php)

See the 5 foods you should never eat if you want to lose belly fat.

Medicare Part D  
Plans

Hypertension  
Corrected

## How should I take Benicar?

Take Benicar exactly as prescribed by your doctor. Follow all directions on your prescription label. Your doctor may occasionally change your dose to make sure you get the best results. Do not take this medicine in larger or smaller amounts or for longer than recommended.

You may take Benicar with or without food.

Your blood pressure will need to be checked often.

You may have very low blood pressure while taking this medication. Call your doctor if you are sick with vomiting or [diarrhea](#), or if you are sweating more than usual.

Keep using this medicine as directed, even if you feel well. High blood pressure often has no symptoms. You may need to use blood pressure medication for the rest of your life.

Store at room temperature away from moisture and heat.

## What happens if I miss a dose?

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your

Cozaar  
Toprol-XL  
valsartan  
Exforge  
Tenormin  
Vasotec  
irbesartan  
hydrochlorothiazide/lisinopri

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## Benicar (olmesartan) Images



Benicar (olmesartan) 20 mg



Benicar (olmesartan) 40 mg

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next scheduled dose. Do not take extra medicine to make up the missed dose.

## What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

## What should I avoid?

Drinking alcohol can increase certain side effects of Benicar.

Do not use potassium supplements or salt substitutes while you are taking this medicine, unless your doctor has told you to.

Avoid getting up too fast from a sitting or lying position, or you may feel dizzy. Get up slowly and steady yourself to prevent a fall.

### Are You Type 2 Diabetic?



[endobarriertrial.com](http://endobarriertrial.com)

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## Benicar side effects

Get emergency medical help if you have any of these signs of an allergic reaction to Benicar: hives; difficulty breathing; swelling of your face, lips, tongue, or throat.

Call your doctor at once if you have:

- a light-headed feeling, like you might pass out;
- little or no urinating;
- severe or ongoing diarrhea with weight loss;
- chest pain, fast heart rate; or
- swelling in your hands or [feet](#)

Common Benicar side effects may include:

- dizziness.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**See also:** [Side effects](#) (in more detail)

## What other drugs will affect Benicar?

Tell your doctor about all medicines you use, and those you start or stop using during your treatment with Benicar, especially:

- colesevelam; or
- NSAIDs (non-steroidal anti-inflammatory drugs)--ibuprofen (Advil, Motrin), naproxen (Aleve), celecoxib, diclofenac, indomethacin, meloxicam, and others.





This list is not complete. Other drugs may interact with Benicar, including prescription and over-the-counter medicines, vitamins, and herbal products. Not all possible interactions are listed in this

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medication guide.

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## See also:

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## Consumer resources

- [Benicar](#)
- [Benicar](#) (Advanced Reading)

## Professional resources

- [Benicar](#) (FDA)
- [Olmesartan Medoxomil](#) (AHFS Monograph)

## Other formulations

- [Benicar HCT](#)

## Related treatment guides

- [High Blood Pressure](#)
- [Migraine Prevention](#)

## Where can I get more information?

- Your pharmacist can provide more information about Benicar.

## Atrial Fibrillation

 [hearthappy.com](#)

Discover What The Doctor Didn't Tell You About Atrial Fibrillation.



Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use Benicar only for the indication prescribed.

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