

stressor

[American Heritage Dictionary:](#)

stres·sor

(strēs'ər) 

n.

An agent, condition, or other stimulus that causes stress to an organism.

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stressor

An internal or external factor that makes demands on an individual and tends to disrupt [homeostasis](#). Stressors include physical trauma, disease, [social events](#) and situations, and the demands of exercise and competition.

[Saunders Veterinary Dictionary:](#)

stressor

Any factor that disturbs homeostasis producing stress. In animals there is a long list including nutritional, lactational and [pregnancy](#) stress, physical stressors including inclement climate, hard physical work such as endurance rides, racing, capture of wild animals, psychological including weaning, overcrowding, boredom, harassment by humans or other animals, absence of bedding or protection from drafts and poor ventilation.

[WordNet:](#) **stressor**

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The *noun* has one meaning:

[Meaning #1](#): any agent that causes stress to an organism

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[Wikipedia on Answers.com:](#) **Stressor**

For the medical use of this term, see [Stress \(biology\)](#).

Stressor is a chemical or [biological agent](#), [environmental condition](#), an [external stimulus](#) or an [event](#) that causes [stress](#) to

[an organism](#). An event that triggers the [stress response](#) may include for example:

- environmental stressors ([elevated sound levels](#), [over-illumination](#), overcrowding)
- daily stress events (e.g. traffic, lost keys)
- life changes (e.g. divorce, bereavement)
- workplace stressors (e.g. [role strain](#), lack of control)

See also

- [Noise health effects](#)
- [Vasoconstriction](#)

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