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ESPAÑOL

Lisinopril

(lyse in' oh pril)

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IMPORTANT WARNING:

Do not take lisinopril if you are pregnant. If you become pregnant while taking lisinopril, call your doctor immediately. Lisinopril may harm the fetus.

Why is this medication prescribed?

Lisinopril is used alone or in combination with other medications to treat high blood pressure. It is used in combination with other medications to treat heart failure. Lisinopril is also used to improve survival after a heart attack. Lisinopril is in a class of medications called angiotensin-converting enzyme (ACE) inhibitors. It works by decreasing certain chemicals that tighten the blood vessels, so blood flows more smoothly and the heart can pump blood more efficiently.

How should this medicine be used?

Lisinopril comes as a tablet to take by mouth. It is usually taken once a day. To help you remember to take lisinopril, take it around the same time every day. Follow the directions on your prescription label carefully, and ask your doctor or pharmacist to explain any part you do not understand. Take lisinopril exactly as directed. Do not take more or less of it or take it more often than prescribed by your doctor.

Your doctor will probably start you on a low dose of lisinopril and gradually increase your dose.

Lisinopril controls high blood pressure and heart failure but does not cure them. Continue to take lisinopril even if you feel well. Do not stop taking lisinopril without talking to your doctor.

Other uses for this medicine [Return to top](#)

This medication may be prescribed for other uses; ask your doctor or pharmacist for more information.

What special precautions should I follow? [Return to top](#)

Before taking lisinopril,

- tell your doctor and pharmacist if you are allergic to lisinopril, enalapril (Vasotec), benazepril (Lotensin), captopril (Capoten), fosinopril (Monopril), moexipril (Univasc), perindopril (Aceon), quinapril (Accupril), ramipril (Altace), trandolapril (Mavik), or any other medications.
- tell your doctor if you have diabetes (high blood sugar) and you are taking aliskiren (Tekturna, in Amturnide, Tekamlo, Tekturna HCT). Your doctor will probably tell you not to take lisinopril if you have diabetes and you are also taking aliskiren.
- tell your doctor and pharmacist what prescription and nonprescription medications, vitamins, nutritional supplements, and herbal products you are taking. Be sure to mention any of the following: aspirin and other nonsteroidal anti-inflammatory drugs (NSAIDs) such as indomethacin (Indocin); diuretics ('water pills'); lithium (Eskalith, Lithobid); and potassium supplements. Your doctor may need to change the doses of your medications or monitor you carefully for side effects.
- tell your doctor if you have or have ever had heart or kidney disease; diabetes; lupus; scleroderma; or angioedema, a condition that causes difficulty swallowing or breathing and painful swelling of the face, throat, tongue, lips, eyes, hands, feet, ankles, or lower legs.
- tell your doctor if you plan to become pregnant or are breast-feeding.

- if you are having surgery, including dental surgery, tell the doctor or dentist that you are taking lisinopril.
- you should know that diarrhea, vomiting, not drinking enough fluids, and sweating a lot can cause a drop in blood pressure, which may cause lightheadedness and fainting.

What special dietary instructions should I follow? [Return to top](#)

Talk to your doctor before using salt substitutes containing potassium. If your doctor prescribes a low-salt or low-sodium diet, follow these directions carefully.

What should I do if I forget a dose? [Return to top](#)

Take the missed dose as soon as you remember it. However, if it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. Do not take a double dose to make up for a missed one.

What side effects can this medication cause? [Return to top](#)

Lisinopril may cause side effects. Tell your doctor if any of these symptoms are severe or do not go away:

- cough
- dizziness
- headache
- excessive tiredness
- nausea
- diarrhea
- weakness
- sneezing
- runny nose
- decrease in sexual ability
- rash

Some side effects can be serious. The following symptoms are uncommon, but if you experience any of them, call your doctor immediately:

- swelling of the face, throat, tongue, lips, eyes, hands, feet, ankles, or lower legs
- hoarseness
- difficulty breathing or swallowing
- fever, sore throat, chills, and other signs of infection
- yellowing of the skin or eyes
- lightheadedness
- fainting
- chest pain

Lisinopril may cause other side effects. Call your doctor if you have any unusual problems while taking this medication.

If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program online [at <http://www.fda.gov/Safety/MedWatch>] or by phone [1-800-332-1088].

What should I know about storage and disposal of this medication? [Return to top](#)

Keep this medication in the container it came in, tightly closed, and out of reach of children. Store it at room temperature and away from excess heat and moisture (not in the bathroom). Throw away any medication that is outdated or no longer needed. Talk to your pharmacist about the proper disposal of your medication.

In case of emergency/overdose [Return to top](#)

In case of overdose, call your local poison control center at 1-800-222-1222. If the victim has collapsed or is not breathing, call local emergency services at 911.

Symptoms of overdose may include:

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lightheadedness

- fainting

What other information should I know? [Return to top](#)

Keep all appointments with your doctor and the laboratory. Your blood pressure should be checked regularly to determine your response to lisinopril. Your doctor may order certain lab tests to check your body's response to lisinopril.

Do not let anyone else take your medication. Ask your pharmacist any questions you have about refilling your prescription.

It is important for you to keep a written list of all of the prescription and nonprescription (over-the-counter) medicines you are taking, as well as any products such as vitamins, minerals, or other dietary supplements. You should bring this list with you each time you visit a doctor or if you are admitted to a hospital. It is also important information to carry with you in case of emergencies.

Brand names [Return to top](#)

- Prinivil®
- Zestril®

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Z Tuss AC[®] (as a combination product containing Chlorpheniramine, Codeine) see [Codeine](#)

Z-Cof 1[®] (as a combination product containing dextromethorphan and Guaifenesin, Pseudoephedrine) see [Guaifenesin](#)

Z-Cof DM[®] (as a combination product containing Dextromethorphan, Guaifenesin, Pseudoephedrine) see [Dextromethorphan](#)

Z-Cof DM[®] (as a combination product containing Dextromethorphan, Guaifenesin, Pseudoephedrine) see [Pseudoephedrine](#)

Z-Cof LA[®] (as a combination product containing Dextromethorphan, Guaifenesin) see [Dextromethorphan](#)

Z-Dex[®] (as a combination product containing Dextromethorphan, Guaifenesin, Phenylephrine) see [Phenylephrine](#)

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Zeasorb[®]-AF Lotion see [Miconazole](#)

Zeasorb[®]-AF Powder see [Miconazole](#)

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Zebutal[®] (as a combination product containing Acetaminophen, Butalbital, Caffeine) see [Acetaminophen, Butalbital, and Caffeine](#)

Zegerid[®] (as a combination product containing Omeprazole, Sodium Bicarbonate) see [Sodium Bicarbonate](#)

Zegerid[®] (as a combination product containing Omeprazole, Sodium Bicarbonate) see [Omeprazole](#)

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Zegerid OTC (as a combination product containing Omeprazole, Sodium Bicarbonate) see [Sodium Bicarbonate](#)

Zegerid[®] OTC (as a combination product containing Omeprazole, Sodium Bicarbonate) see [Omeprazole](#)

Zelapar[®] see [Selegiline](#)

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Zenchant[®] (as a combination product containing Ethinyl Estradiol, Norethindrone) see [Estrogen and Progestin \(Oral Contraceptives\)](#)

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Zentrip[®] see [Meclizine](#)

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Ziac[®] (as a combination product containing Bisoprolol, Hydrochlorothiazide) see [Hydrochlorothiazide](#)

Ziac[®] (as a combination product containing Bisoprolol, Hydrochlorothiazide) see [Bisoprolol](#)

Ziagen[®] see [Abacavir](#)

Ziana[®] (as a combination product containing Clindamycin, Tretinoin) see [Clindamycin Topical](#)

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Zicam[®] (as a combination product containing acetaminophen and Dextromethorphan, Guaifenesin) see [Guaifenesin](#)

Zicam Cough MAX[®] see [Dextromethorphan](#)

Zicam Multi-Symptom Cold and Flu Daytime[®] (as a combination product containing Acetaminophen, Dextromethorphan, Guaifenesin) see [Dextromethorphan](#)

Zicam Multi-Symptom Cold and Flu Nighttime[®] (as a combination product containing Acetaminophen, Dextromethorphan, Doxylamine) see [Dextromethorphan](#)

Zicam[®] Multi-Symptom Cold and Flu Nighttime (as a combination product containing Acetaminophen, Dextromethorphan, Doxylamine) see [Doxylamine](#)

Zicam[®] Nasal Spray see [Oxymetazoline Nasal Spray](#)

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Ezetimibe

(e zet' i mibe)

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Why is this medication prescribed?

Ezetimibe is used together with lifestyle changes (diet, weight-loss, exercise) to reduce the amount of cholesterol (a fat-like substance) and other fatty substances in the blood. It may be used alone or in combination with an HMG-CoA reductase inhibitor (statin). Ezetimibe is in a class of medications called cholesterol-lowering medications. It works by preventing the absorption of cholesterol in the intestine.

Buildup of cholesterol and fats along the walls of the blood vessels (a process known as atherosclerosis) decreases blood flow, which decreases the oxygen supply to the heart, brain, and other parts of the body. Lowering blood levels of cholesterol and fats may help reduce this buildup and may decrease your chances of developing heart conditions such as angina (chest pain), strokes, and heart attacks. Results of a clinical study that compared people who took ezetimibe and simvastatin with people who took simvastatin alone found that although the group of people taking ezetimibe and simvastatin had lower amounts of cholesterol in the blood, there was no difference between the two groups in the amount of cholesterol and fat buildup on the insides of the blood vessels in the neck. It is not currently understood why the additional lowering of cholesterol levels in the blood did not lead to a greater decrease in cholesterol and fat buildup along the walls of the blood vessels in people taking ezetimibe and simvastatin. Further studies are underway to compare treatment with ezetimibe and simvastatin to treatment with simvastatin alone to see if there is a difference in the risk of developing heart disease. Talk to your doctor if you have questions about the risks and benefits of treating increased amounts of cholesterol in your blood with ezetimibe and other medications.

In addition to taking a cholesterol-lowering medication, making certain changes in your daily habits can also lower your blood cholesterol levels. You should eat a diet that is low in saturated fat and cholesterol (see SPECIAL DIETARY); exercise 30 minutes on most, if not all, days; and lose weight if you are overweight.

How should this medicine be used?

Ezetimibe comes as a tablet to take by mouth. It is usually taken once a day with or without food. To help you remember to take ezetimibe, take it around the same time every day. Follow the directions on your prescription label carefully, and ask your doctor or pharmacist to explain any part you do not understand. Take ezetimibe exactly as directed. Do not take more or less of it or take it more often than prescribed by your doctor.

Continue to take ezetimibe even if you feel well. Do not stop taking ezetimibe without talking to your doctor.

Other uses for this medicine [Return to top](#)

This medication may be prescribed for other uses; ask your doctor or pharmacist for more information.

What special precautions should I follow? [Return to top](#)

Before taking ezetimibe,

- tell your doctor and pharmacist if you are allergic to ezetimibe or any other medications.
- tell your doctor and pharmacist what prescription and nonprescription medications, vitamins, nutritional supplements, and herbal products you are taking. Be sure to mention any of the following: anticoagulants ("blood thinners") such as warfarin (Coumadin); cyclosporine (Neoral, Sandimmune); fenofibrate (TriCor); and gemfibrozil (Lopid). Your doctor may need to change the doses of your medications or monitor you carefully for side effects.
- if you are taking cholestyramine (Questran), colesvelam (WellChol), or colestipol (Colestid), take it 4 hours before or 2 hours after ezetimibe.
- tell your doctor if you have or have ever had liver disease.
- tell your doctor if you are pregnant, plan to become pregnant, or are breast-feeding. If you become pregnant while taking ezetimibe, call your doctor.

What special dietary instructions should I follow? [Return to top](#)

Eat a low-fat, low-cholesterol diet. Be sure to follow all exercise and dietary recommendations made by your doctor or dietitian. You can also visit the National Cholesterol Education Program (NCEP) website for additional dietary information at http://www.nhlbi.nih.gov/health/public/heart/cho/cho_ltc.pdf.

What should I do if I forget a dose? [Return to top](#)

Take the missed dose as soon as you remember it. However, if it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. Do not take a double dose to make up for a missed one.

What side effects can this medication cause? [Return to top](#)

Ezetimibe may cause side effects. Tell your doctor if any of these symptoms are severe or do not go away:

- headache
- dizziness
- diarrhea
- sore throat
- runny nose
- sneezing
- joint pain

Some side effects can be serious. The following symptoms are uncommon, but if you experience any of them, call your doctor immediately:

- hives
- rash
- itching
- difficulty breathing or swallowing
- swelling of the face, throat, tongue, lips, eyes, hands, feet, ankles, or lower legs
- hoarseness
- upset stomach
- extreme tiredness
- unusual bleeding or bruising
- lack of energy
- loss of appetite
- pain in the upper right part of the stomach
- yellowing of the skin or eyes
- flu-like symptoms
- muscle pain or weakness
- fever
- chills
- pale or fatty stools
- chest pain

Ezetimibe may cause other side effects. Call your doctor if you have any unusual problems while taking this medication.

If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program online [at <http://www.fda.gov/Safety/MedWatch>] or by phone [1-800-332-1088].

What should I know about storage and disposal of this medication? [Return to top](#)

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Keep this medication in the container it came in, tightly closed, and out of reach of children. Store it at room temperature and away from excess heat and moisture (not in the bathroom). Throw away any medication that is outdated or no longer needed. Talk to your pharmacist about the proper disposal of your medication.

In case of emergency/overdose [Return to top](#)

In case of overdose, call your local poison control center at 1-800-222-1222. If the victim has collapsed or is not breathing, call local emergency services at 911.

What other information should I know? [Return to top](#)

Keep all appointments with your doctor and the laboratory. Your doctor will order certain lab tests before and during treatment to check your body's response to ezetimibe.

Do not let anyone else take your medication. Ask your pharmacist any questions you have about refilling your prescription.

It is important for you to keep a written list of all of the prescription and nonprescription (over-the-counter) medicines you are taking, as well as any products such as vitamins, minerals, or other dietary supplements. You should bring this list with you each time you visit a doctor or if you are admitted to a hospital. It is also important information to carry with you in case of emergencies.

Brand names [Return to top](#)

- Zetia®

Brand names of combination products [Return to top](#)

- Liptruzet® (containing Atorvastatin, Ezetimibe)
- Vytorin® (containing Ezetimibe, Simvastatin)

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