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ESPAÑOL

Meclizine

(mek' li zeen)

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Why is this medication prescribed?

Meclizine is used to prevent and treat nausea, vomiting, and dizziness caused by motion sickness. It is most effective if taken before symptoms appear.

This medication is sometimes prescribed for other uses; ask your doctor or pharmacist for more information.

How should this medicine be used?

Meclizine comes as a regular and chewable tablet and a capsule. For motion sickness, meclizine should be taken 1 hour before you start to travel. Doses may be taken every 24 hours if needed. For dizziness caused by an ear condition, follow your doctor's directions. Follow the directions on your prescription label carefully, and ask your doctor or pharmacist to explain any part you do not understand. Take meclizine exactly as directed. Do not take more or less of it or take it more often than prescribed by your doctor.

The chewable tablets may be chewed or swallowed whole.

What special precautions should I follow? [Return to top](#)

Before taking meclizine,

- tell your doctor and pharmacist if you are allergic to meclizine or any other drugs.
- tell your doctor and pharmacist what prescription and nonprescription medications you are taking, especially amobarbital (Amytal), medications for colds or allergies, pain medications, phenobarbital, sedatives, seizure medications, sleeping pills, tranquilizers, and vitamins. These drugs may increase the drowsiness caused by meclizine.
- tell your doctor if you have or have ever had glaucoma, an enlarged prostate, urinary tract blockage, or asthma.
- tell your doctor if you are pregnant, plan to become pregnant, or are breast-feeding. If you become pregnant while taking meclizine, call your doctor.

What should I do if I forget a dose? [Return to top](#)

Take the missed dose as soon as you remember it. However, if it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. Do not take a double dose to make up for a missed one.

What side effects can this medication cause? [Return to top](#)

Meclizine may cause side effects. Tell your doctor if any of these symptoms are severe or do not go away:

- drowsiness or fatigue
- dry mouth

If you experience the following symptom, call your doctor immediately:

- blurred vision

If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program online [at <http://www.fda.gov/Safety/MedWatch>] or by phone [1-800-332-1088].

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What should I know about storage and disposal of this medication?

Keep this medication in the container it came in, tightly closed, and out of reach of children. Store it at room temperature and away from excess heat and moisture (not in the bathroom). Throw away any medication that is outdated or no longer needed. Talk to your pharmacist about the proper disposal of your medication.

In case of emergency/overdose [Return to top](#)

In case of overdose, call your local poison control center at 1-800-222-1222. If the victim has collapsed or is not breathing, call local emergency services at 911.

What other information should I know? [Return to top](#)

Keep all appointments with your doctor.

Do not let anyone else take your medication. Ask your pharmacist any questions you have about refilling your prescription.

It is important for you to keep a written list of all of the prescription and nonprescription (over-the-counter) medicines you are taking, as well as any products such as vitamins, minerals, or other dietary supplements. You should bring this list with you each time you visit a doctor or if you are admitted to a hospital. It is also important information to carry with you in case of emergencies.

Brand names [Return to top](#)

- Antivert[®]
- Bonine[®]
- Dramamine[®] Less Drowsy
- Verticalm[®]
- Zentrip[®]

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