

Social Security

The Official Website of the U.S. Social Security Administration

[Contact Us](#) · [FAQs](#) · [Sign In](#)

- [Home](#)
- [Numbers & Cards](#)
- [Benefits](#)
- [Information for...](#)
- [Business & Government](#)
- [Our Agency](#)

Public Policy Home

[POMS Home Page](#)

[POMS Table of Contents](#)

[POMS Recent Changes](#)

[Emergency Messages](#)

[Chief Judge Bulletins](#)

[SSA Program Rules](#)

POMS Home

This section of the SSA Program Policy Information Site contains the public version of the Program Operations Manual System (POMS). The POMS is a primary source of information used by Social Security employees to process claims for Social Security benefits. The public version of POMS is identical to the version used by Social Security employees except that it does not include internal data entry and sensitive content instructions.

Please note that this document is intended for SSA employees. It contains technical terms and instructions that will be unfamiliar to you. If you have difficulty understanding these materials, please click on this link to the [Social Security Handbook](#), which is written in plain language for use by the public.

Page Contents

- [Table of Contents](#) - Browse to find information.
- [Recent Changes](#) - Recent updates that have been incorporated into the Program Operations Manual System (POMS); the individual transmittals include a Background and a Summary of Changes.
- [Help](#) - Links for assistance with using POMS.

Site Information

- [Accessibility](#)
- [FOIA](#)
- [No FEAR](#)
- [Privacy](#)
- [Report Fraud, Waste or Abuse](#)
- [Site Map](#)
- [Site Policies](#)

Related Sites

- [Benefits.gov](#)
- [Disability.gov](#)
- [Healthcare.gov](#)
- [MyMoney.gov](#)
- [Regulations.gov](#)
- [USA.gov](#)
- [Other Government Sites](#)

Social Media

- [Facebook](#)
- [Twitter](#)
- [YouTube](#)
- [Pinterest](#)
- [Get Upd...](#)
- [Podcasts](#)
- [Photoblog](#)
- [Webinars](#)

09/23/14

