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Radiofrequency neurotomy

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Definition

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Definition

By Mayo Clinic Staff

Radiofrequency neurotomy is a procedure to reduce back and neck pain. Heat generated by radio waves is used to target specific nerves and temporarily interfere with their ability to transmit pain signals.

The radio waves are delivered to the targeted nerves via needles inserted through the skin above your spine. Imaging scans are used during radiofrequency neurotomy to help the doctor position the needles precisely.

Radiofrequency neurotomy works better in some people than in others. Tests may be needed to determine if the nerves commonly targeted by radiofrequency neurotomy are the same nerves responsible for your pain.

Why it's done

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Nov. 26, 2014

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1. [Newsletter: Mayo Clinic Health Letter](#)

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